

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Macaroni Beef Bake 1 Buttered Peas Tropical Fruit Sweet Potato Roll	Pork Chow Mein Over Brown Rice 2 Oriental Vegetables Chilled Mandarin Oranges Fortune Cookie Banana Bar 	BBQ Riblet Sandwich on a Bun 3 Potato Romanoff Steamed Broccoli Pineapple Coleslaw Jello Poke Cake	Chicken & Mushroom Stroganoff 4 Parsley Noodles Oregon Bean Medley Potato Roll 
	Diced Chicken Gravy w/Veggies 8 Brown Rice Broccoli Mandarin Oranges Wheat Roll 	Green Pepper Beef Pattie 9 Scalloped Potatoes Green Beans Apple Coleslaw Fresh Fruit in Season Dinner Roll	Hot Ham and Cheese Sandwich 11 Seasoned Diced Potatoes Steamed Cabbage with Carrots Autumn Gelatin Salad Bun 	Pork Chop with Russian Sauce 12 Kluski Noodles Zucchini and Yellow Squash Creamy Fruit Salad Gingersnap Cookie
BBQ Chicken 14 Baked Potato / Sour Cream Green Beans with Onions Yogurt Fruit Salad Wheat Roll 	Hearty Seafood Gumbo 15 Rice Mixed Vegetables Tossed Salad ½ Egg/Dressing Tropical Fruit Buttermilk Roll	Parmesan Meatballs 16 with Sauce / Noodles Green and Yellow Beans Coleslaw Fruit Cocktail Maple-Nut Roll 	Slow Cooked Chicken Pot Pie Soup 17 New Potatoes Scandinavian Vegetables Cucumber w/Italian Dressing Fresh Fruit in Season Buttermilk Biscuit	Potato Crunch Pollock Fillet 18 Confetti Rice / Tartar Sauce Stewed Tomatoes Warm Spiced Peaches Pickled Beet Coconut Cup Cake with Lime Icing
Chili Con Carne 21 Peas Chilled Pineapple Snickerdoodle Cookie Cornbread	Pork Chop / Cream Gravy 22 Bow Tie Pasta Peas and Corn Chilled Apricots Wheat Roll	Vegetable Meatloaf 23 Whipped Potatoes / Gravy Diced Carrots Chilled Pears Oatmeal Roll	Chicken Jambalaya with Rice 24 Mixed Vegetables Tomato Wedges with French Dressing Banana Sweet Potato Roll 	Roast Pork with Gravy 25 Baked Potato / Sour Cream Green Beans Chilled Diced Peaches Vanilla Cream Pudding
Crabby Cake w/Bun 28 Cocktail Sauce Macaroni and Cheese Spinach with Lemon Apple Coleslaw 	Turkey Gravy over Stuffing 29 Buttered Peas Chilled Pineapple Wheat Roll 	Hearty Ground Beef Vegetable Stew30 Diced Potatoes Steamed Broccoli Fruited Pudding Buttermilk Biscuit	Weber Senior Nutrition Program 1176 W. 3300 S. Ogden Utah 84401 (801) 399-8390 Milk Offered Daily Suggested meal Donation \$ 4.00 Menu Subject To Change Without Notice	