

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weber Senior Nutrition Program 1176 w. 3300 s. Ogden Utah 84401 (801)399-8390 Milk Offered Daily Suggested Donation \$ 4.00 Menu Subject To Change Without Notice	2026 October		1 Chicken & Cheese Enchilada Refried Beans Spanish Rice Shredded Lettuce & Diced Tomatoes Ambrosia Fruit Salad Cinnamon Churro	2 Battered Fish Tartar Sauce Brown Seasoned Rice Buttered Peas Chilled Pineapple Dinner Roll
5 Chicken Nuggets Dipping Sauce Steamed Potatoes Buttered Carrots and Celery Chilled Diced Pears Honey Bran Muffin	6 Philly Cheese Steak Cubed Potatoes Harvard Beets Chilled Diced Peaches Tossed Salad / Dressing Hoagie Bun	7 Vegetable Meatloaf / Gravy Whipped Potatoes Green Beans Chilled Peaches Dinner Roll	8 Oven Roasted Cuban Style Mojo Pork Loin Cuban Yellow Rice Ranch Green Beans Chilled Mandarin Orange Dinner Roll	9 Swedish Meatballs /Gravy Noodles Brussel Sprouts Carrot Raisin Salad Applesauce Apple Cinnamon Cottage Cake
12 Pork Chop Suey Buttered Rice Cauliflower & Broccoli Chilled Pineapple Butter Finger Bar	13 BBQ Chicken Black Beans Country Vegetables Sour Cream Fruit Salad Cornmeal Roll	14 Chicken Fried Steak /Cream Gravy Whipped Potatoes Corn Citrus Pear Salad Whole Wheat Roll	15 Baked Tilapia / Tartar Sauce Scalloped Potatoes Spinach with Lemon Fresh Fruit Cornbread Muffin	16 Spaghetti With Meat Sauce Peas Tossed Salad / Dressing Tropical Fruit Garlic Roll
19 Macaroni Beef Bake Broccoli Carrot & Pineapple salad Warm Applesauce W/Cinnamon	20 Chicken Dijon Whipped Sweet Potatoes Cauliflower with Diced Red Peppers Chilled Pears Dinner Roll	21 Teriyaki Cube Steak/Brown Rice Oriental Vegetables Beet and Onion Salad Mandarin Oranges Sweet Potato Roll	22 Chicken Tater Tot Casserole Buttered Peas Peach & Cream Cheese Blueberry Coffee Cake	23 Pork Roast W/Pineapple Glazed /Rice Cauliflower Orange Wedges Chocolate Chip Pumpkin Cake
26 Meatballs/Marinara Sauce Parmesan Cheese Rigatoni Pasta Green Beans Fresh Banana Dinner Roll	27 Baked Chicken Breast/Gravy Whipped Potatoes California Vegetables Blueberry Applesauce Gelatin Herb Roll	28 Hamburger Stroganoff Brown Rice Broccoli w/ Red Peppers Tossed Salad w/Dressing Chilled Peaches Wheat Roll	29 Diced Pork in Gravy Whipped Potatoes Steamed Cabbage Chilled Tropical Fruit Garlic Roll	30 Spooky Turketti Frightful Candy Corn Vegetables Chilling Pears Boo-tiful Brownie Wicked Dinner Roll

Meals Are Made Possible By Your Generous Contributions · Every Donation Helps Provide Meals To A Senior In Your Community