









MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Strips 2 Ranch Dip Candied Sweet Potatoes Peas Lemon Cream Fruit Cup 	Crabby Cake Sandwich 3 With Cheese / Bun/Cocktail Sauce Steamed Cube Potatoes Normandy Vegetable Lettuce / Tomato /Pickle Fruit Salad	Macaroni Beef Bake 4 Grated Cheese Peas and Carrots Red and White Coleslaw Warm Peaches	Salisbury Steak with Gravy 5 Baked Potato with Sour Cream Steamed Broccoli Applesauce Dinner Roll 	Creamed Ham Over 6 Whipped Potatoes Cauliflower/Bacon/Diced Red Peppers Fresh Orange Chocolate Chip Cookie Wheat Roll
BBQ Meatballs 9 Buttered Rice Carrot Lyonnais Chilled Diced Pears Chocolate Pudding Wheat Roll	Pork Chop 10 Baked Beans Broccoli Tossed Salad/Olives and Dressing Tropical Fruit Cornbread	Breaded Pollock Wedge 11 Tartar Sauce Seasoned Orzo Green Beans Warm Applesauce 	Cabbage Beef Casserole 12 Seasoned Whole Potatoes Fig Newton Cookie Cottage Cheese with Fruit Dinner Roll	Chicken Turnovers 13 Whipped Potatoes W/Gravy Brussel Sprouts with Bacon Hot For You Waldorf Salad Sweet Heart Cake 
 16	Baked Chicken 17 Whipped Potatoes with Gravy Chuck Wagon Corn Beet and Egg Salad Fresh Apple Wheat Roll 	Cheeseburger / Bun 18 Mustard & Ketchup Tater Tots Lettuce, Tomato, Onion & Pickle Carrot Coins Mandarin Oranges	Vegetable Meatloaf 19 Whipped Potatoes with Gravy Spinach with Lemon Sour Cream Fruit Salad Wheat Roll	Roast Turkey with Gravy 20 Buttered Yams Oregon Bean Medley Cranberry Orange Gelatin Dinner Roll
Tuna Noodle Casserole 23 Green Beans with Diced Red Peppers Mixed Fruit Salad Chocolate Cream Pie Wheat Roll 	Enchilada 24 Mexican Rice Refried Beans Peas Shredded Lettuce / Diced Tomatoes/Sour Cream Fresh Fruit	Spaghetti with Meat Sauce 25 Steamed Broccoli Emerald Pear Salad Gingerbread with Lemon Sauce Dinner Roll	Roast Pork 26 Whipped Potatoes and Gravy Normandy Vegetables Cherry Cobbler Dinner Roll 	Breaded Oven Fried Chicken 27 Whipped Potatoes with Gravy Country Vegetables Tropical Fruit Salad Dinner Roll

Weber Senior Nutrition Program
 1176 W. 3300 S. Ogden Ut 84401
 801-399-8390 Milk Offered Daily
 Suggested Meal Donation \$ 4.00
 Menu Subject To Change Without Notice



Meals Are Made Possible By Your Generous Contributions
 Every Donation Helps Provide Meals To A Senior In Your Community

