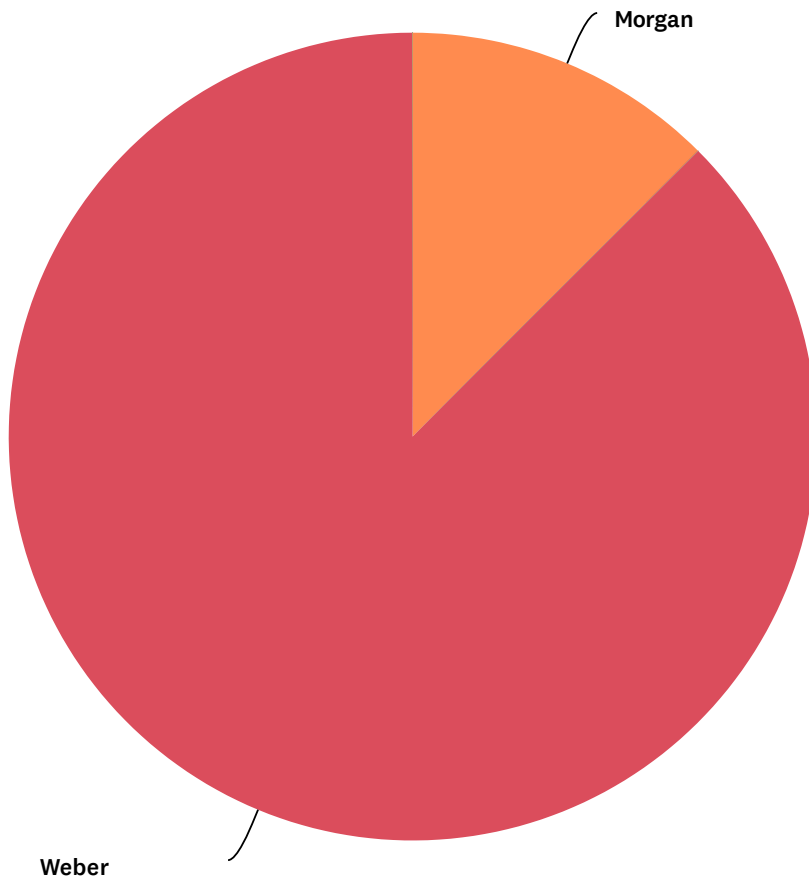


## Q1 What county do you live in?

Answered: 8 Skipped: 0

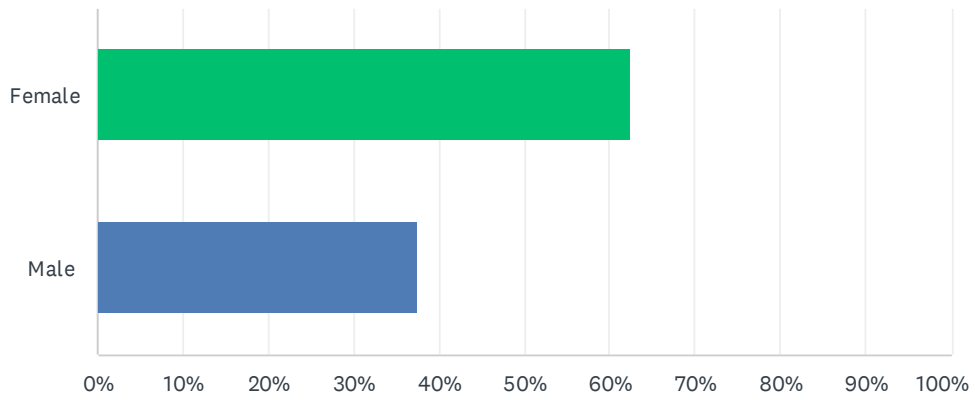


## Utah Caregiver Support Program Survey

ANSWER CHOICES	RESPONSES	
Beaver	0.00%	0
Box Elder	0.00%	0
Cache	0.00%	0
Carbon	0.00%	0
Daggett	0.00%	0
Davis	0.00%	0
Duchesne	0.00%	0
Emery	0.00%	0
Garfield	0.00%	0
Grand	0.00%	0
Iron	0.00%	0
Juab	0.00%	0
Kane	0.00%	0
Millard	0.00%	0
Morgan	12.50%	1
Piute	0.00%	0
Rich	0.00%	0
Salt Lake	0.00%	0
San Juan	0.00%	0
Sanpete	0.00%	0
Sevier	0.00%	0
Summit	0.00%	0
Tooele	0.00%	0
Uintah	0.00%	0
Utah	0.00%	0
Wasatch	0.00%	0
Washington	0.00%	0
Wayne	0.00%	0
Weber	87.50%	7
<b>TOTAL</b>		<b>8</b>

## Q2 What is your gender?

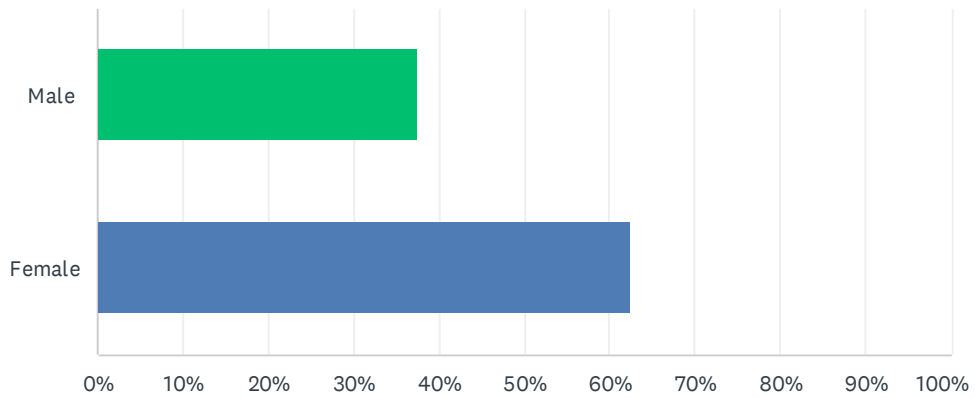
Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES
Female	62.50% 5
Male	37.50% 3
TOTAL	8

### Q3 What is the gender of the person you care for?

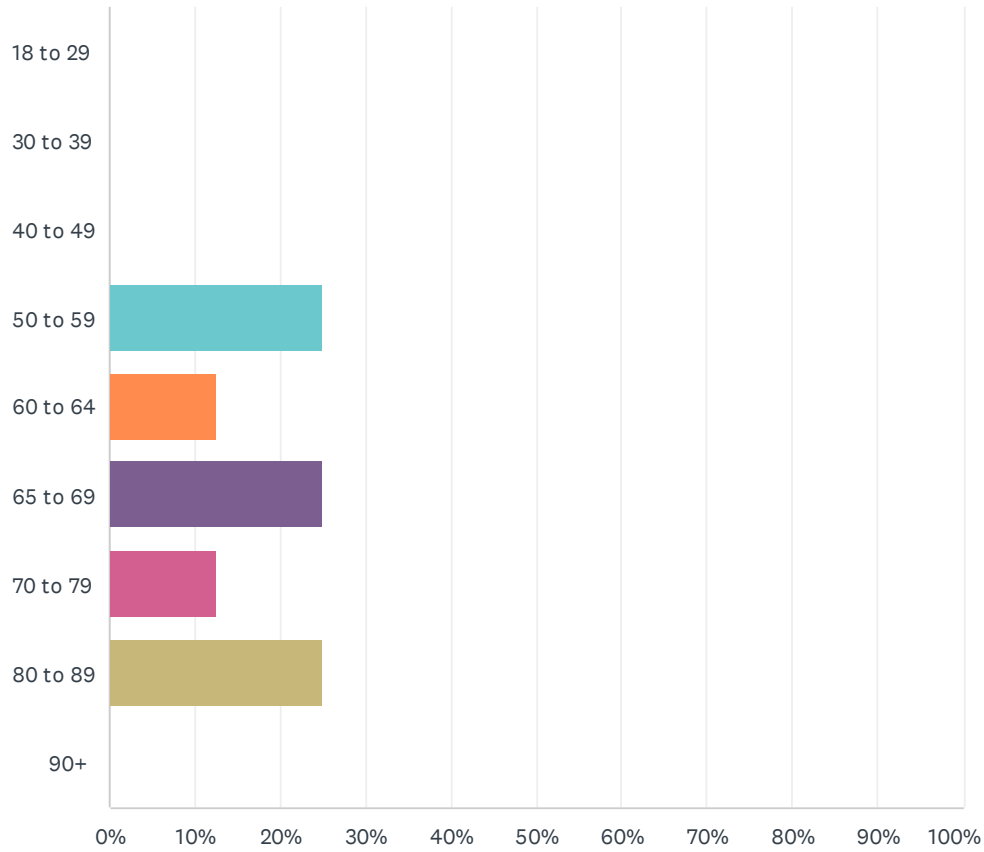
Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES	
Male	37.50%	3
Female	62.50%	5
TOTAL		8

## Q4 What is your age?

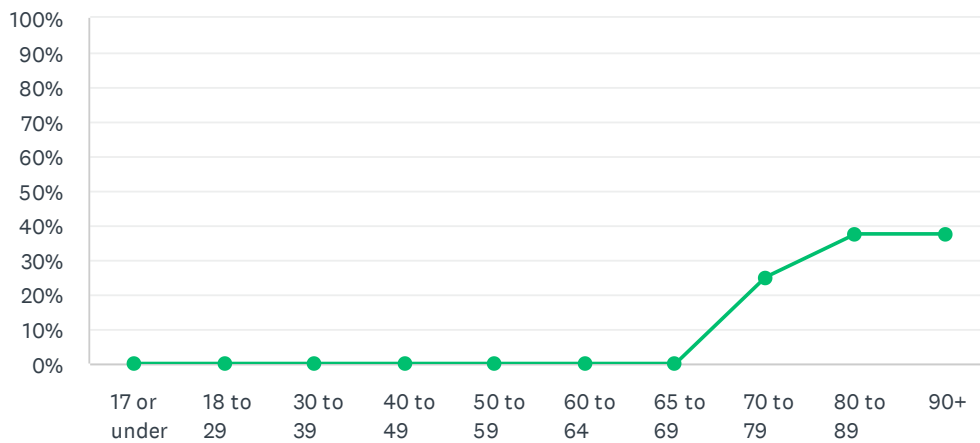
Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES
18 to 29	0.00% 0
30 to 39	0.00% 0
40 to 49	0.00% 0
50 to 59	25.00% 2
60 to 64	12.50% 1
65 to 69	25.00% 2
70 to 79	12.50% 1
80 to 89	25.00% 2
90+	0.00% 0
<b>TOTAL</b>	<b>8</b>

## Q5 What is the age of the person you care for?

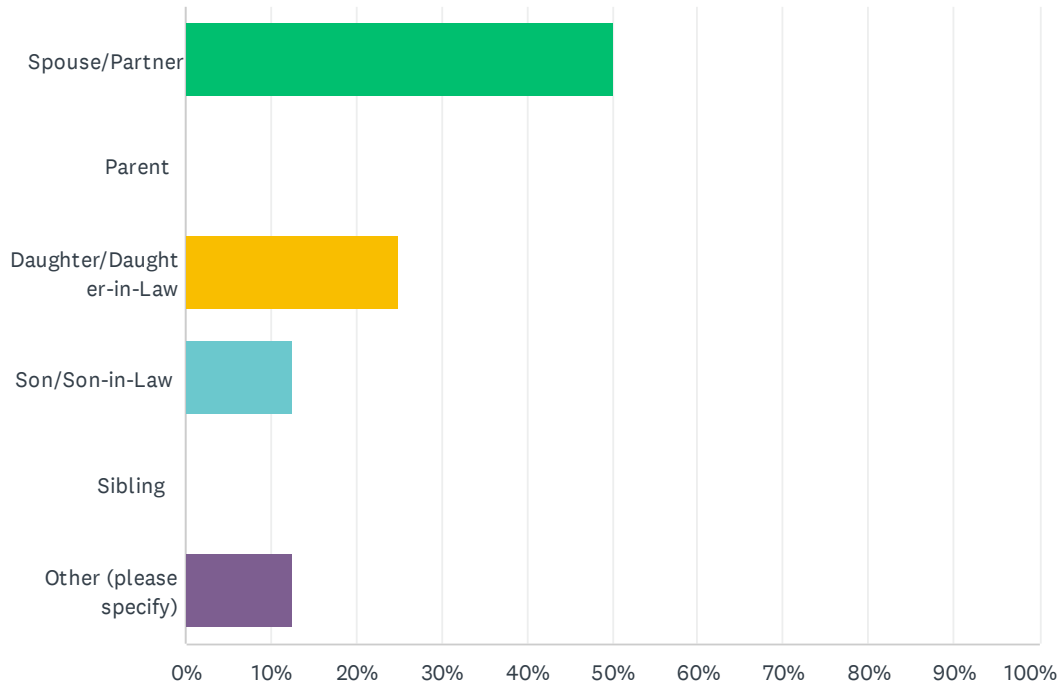
Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES	
17 or under	0.00%	0
18 to 29	0.00%	0
30 to 39	0.00%	0
40 to 49	0.00%	0
50 to 59	0.00%	0
60 to 64	0.00%	0
65 to 69	0.00%	0
70 to 79	25.00%	2
80 to 89	37.50%	3
90+	37.50%	3
<b>TOTAL</b>		<b>8</b>

## Q6 What is your relationship to the person you care for?

Answered: 8 Skipped: 0

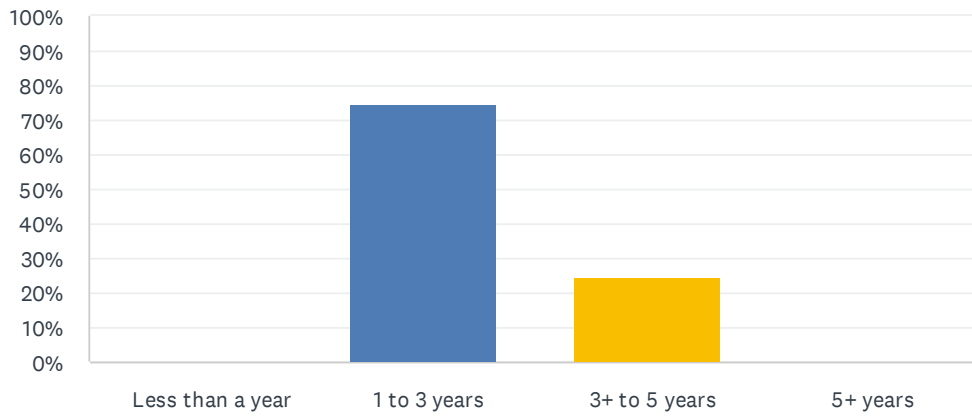


ANSWER CHOICES	RESPONSES
Spouse/Partner	50.00% 4
Parent	0.00% 0
Daughter/Daughter-in-Law	25.00% 2
Son/Son-in-Law	12.50% 1
Sibling	0.00% 0
Other (please specify)	12.50% 1
<b>TOTAL</b>	<b>8</b>

#	OTHER (PLEASE SPECIFY)	DATE
1	Sister-in-law	3/9/2024 10:07 PM

## Q7 How long have you been caring for this person?

Answered: 8 Skipped: 0

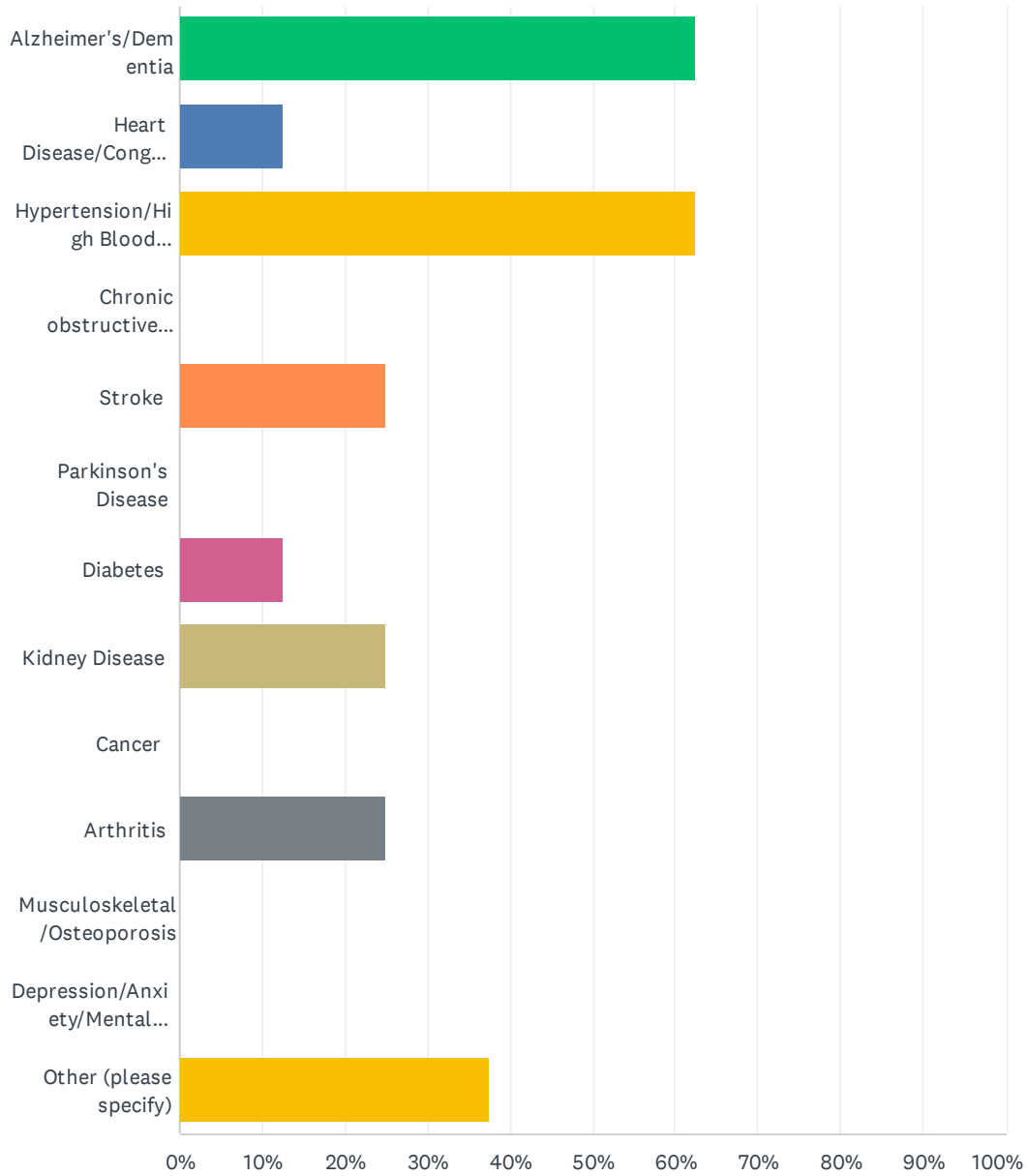


ANSWER CHOICES	RESPONSES	
Less than a year	0.00%	0
1 to 3 years	75.00%	6
3+ to 5 years	25.00%	2
5+ years	0.00%	0
<b>TOTAL</b>		<b>8</b>



### Q8 Please check the diseases/illnesses of the person you are caring for (check all that apply) :

Answered: 8 Skipped: 0



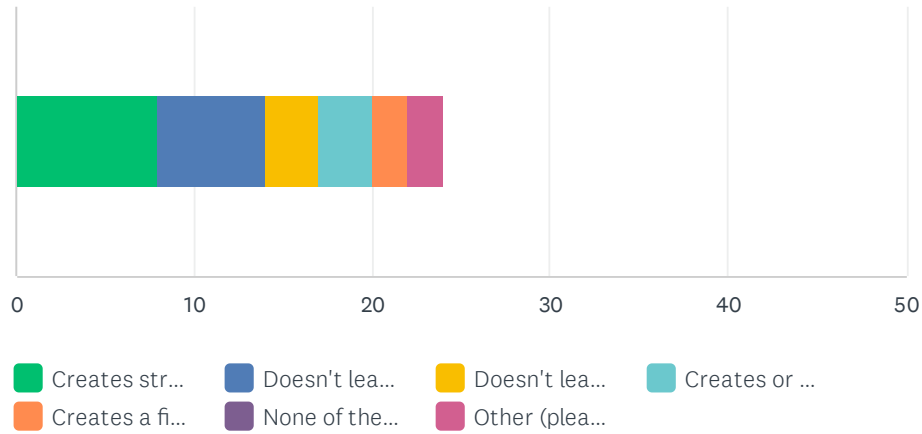
## Utah Caregiver Support Program Survey

ANSWER CHOICES	RESPONSES	
Alzheimer's/Dementia	62.50%	5
Heart Disease/Congestive Heart Failure	12.50%	1
Hypertension/High Blood Pressure	62.50%	5
Chronic obstructive pulmonary disease (COPD)	0.00%	0
Stroke	25.00%	2
Parkinson's Disease	0.00%	0
Diabetes	12.50%	1
Kidney Disease	25.00%	2
Cancer	0.00%	0
Arthritis	25.00%	2
Musculoskeletal/Osteoporosis	0.00%	0
Depression/Anxiety/Mental Conditions	0.00%	0
Other (please specify)	37.50%	3
Total Respondents: 8		

#	OTHER (PLEASE SPECIFY)	DATE
1	2 metal knees	5/9/2024 11:49 AM
2	Neuropathy in feet, balance, falls	3/9/2024 10:08 PM
3	Blindness	9/14/2023 9:18 PM

## Q9 What are the greatest difficulties you have faced in your role as a caregiver? (check all that apply)

Answered: 8 Skipped: 0

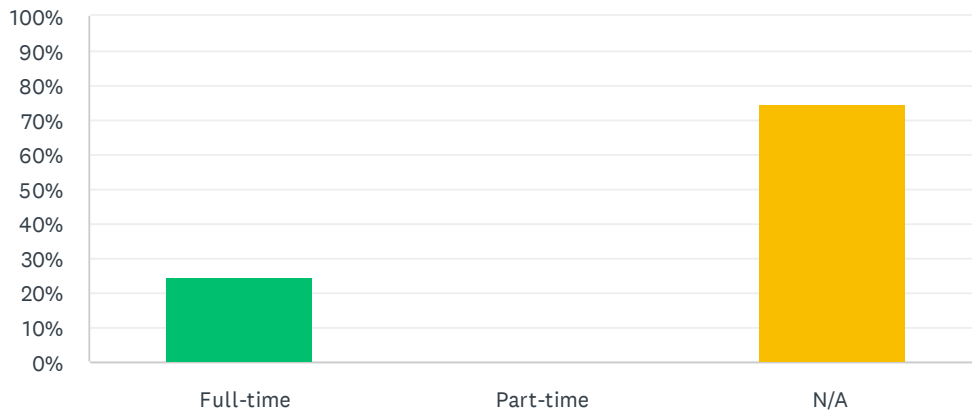


ANSWER CHOICES	RESPONSES	
Creates stress	100.00%	8
Doesn't leave enough time for myself	75.00%	6
Doesn't leave enough time for my family	37.50%	3
Creates or aggravates problems with my health	37.50%	3
Creates a financial burden	25.00%	2
None of the above	0.00%	0
Other (please specify)	25.00%	2
Total Respondents: 8		

#	OTHER (PLEASE SPECIFY)	DATE
1	Doesn't leave time for my job or household duties.	5/9/2024 1:08 PM
2	Not wanting to use walker and then falls	3/9/2024 10:08 PM

## Q10 Are you employed?

Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES	
Full-time	25.00%	2
Part-time	0.00%	0
N/A	75.00%	6
<b>TOTAL</b>		<b>8</b>

## Q11 How have your caregiving responsibilities impacted your employment?

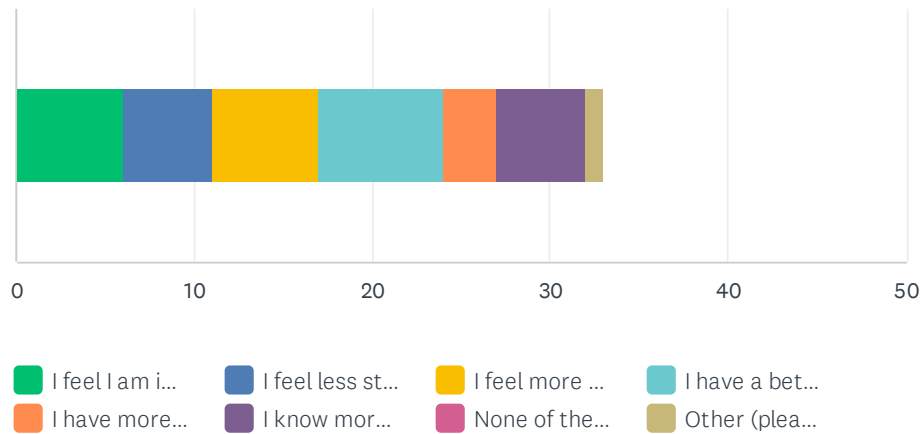
Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES	
I have had to quit work, retire early, work less hours, take a leave of absence, lose a promotion, etc.	62.50%	5
It has not interfered with my work	0.00%	0
I am not employed; does not apply	37.50%	3
<b>TOTAL</b>		<b>8</b>

### Q12 As a result of receiving caregiver services (check all that apply) :

Answered: 8 Skipped: 0

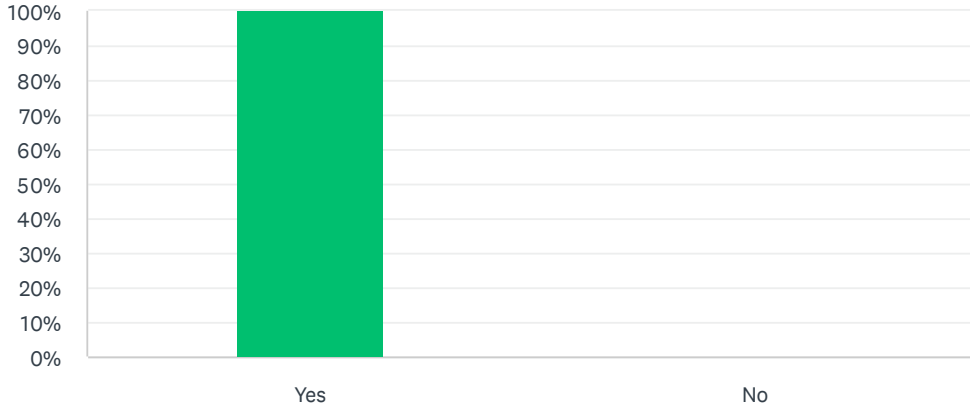


ANSWER CHOICES	RESPONSES	
I feel I am in a better position to continue providing care	75.00%	6
I feel less stress	62.50%	5
I feel more confident in providing care to the person I care for	75.00%	6
I have a better understanding of how to access resources/services in my community	87.50%	7
I have more time to meet my personal needs	37.50%	3
I know more about the condition or illness of the person I care for	62.50%	5
None of the above	0.00%	0
Other (please specify)	12.50%	1
Total Respondents: 8		

#	OTHER (PLEASE SPECIFY)	DATE
1	I don't feel alone	3/9/2024 10:11 PM

### Q13 Have the caregiver services enabled you to provide care for a longer period of time than would have been possible without these services?

Answered: 8 Skipped: 0

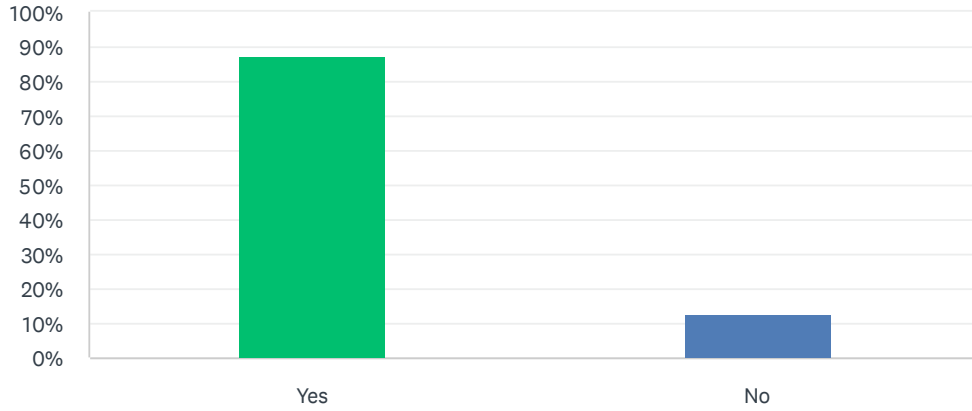


ANSWER CHOICES	RESPONSES
Yes	100.00% 8
No	0.00% 0
TOTAL	8

#	COMMENTS:	DATE
1	Having someone to talk to and get more info from was a life saver for me.	3/9/2024 10:11 PM

## Q14 Have the caregiver services you received helped to delay the placement of the person you care for to an assisted living or skilled nursing home?

Answered: 8 Skipped: 0



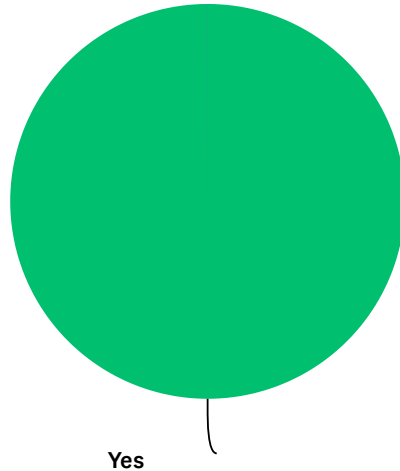
ANSWER CHOICES	RESPONSES
Yes	87.50% 7
No	12.50% 1
TOTAL	8

#	COMMENTS:	DATE
1	Yes and helped with knowing when to have her placed for her safety.	3/9/2024 10:11 PM



## Q15 Have the services you received from the Caregiver Support Program enabled you to be more self-reliant in your role as a caregiver?

Answered: 8 Skipped: 0

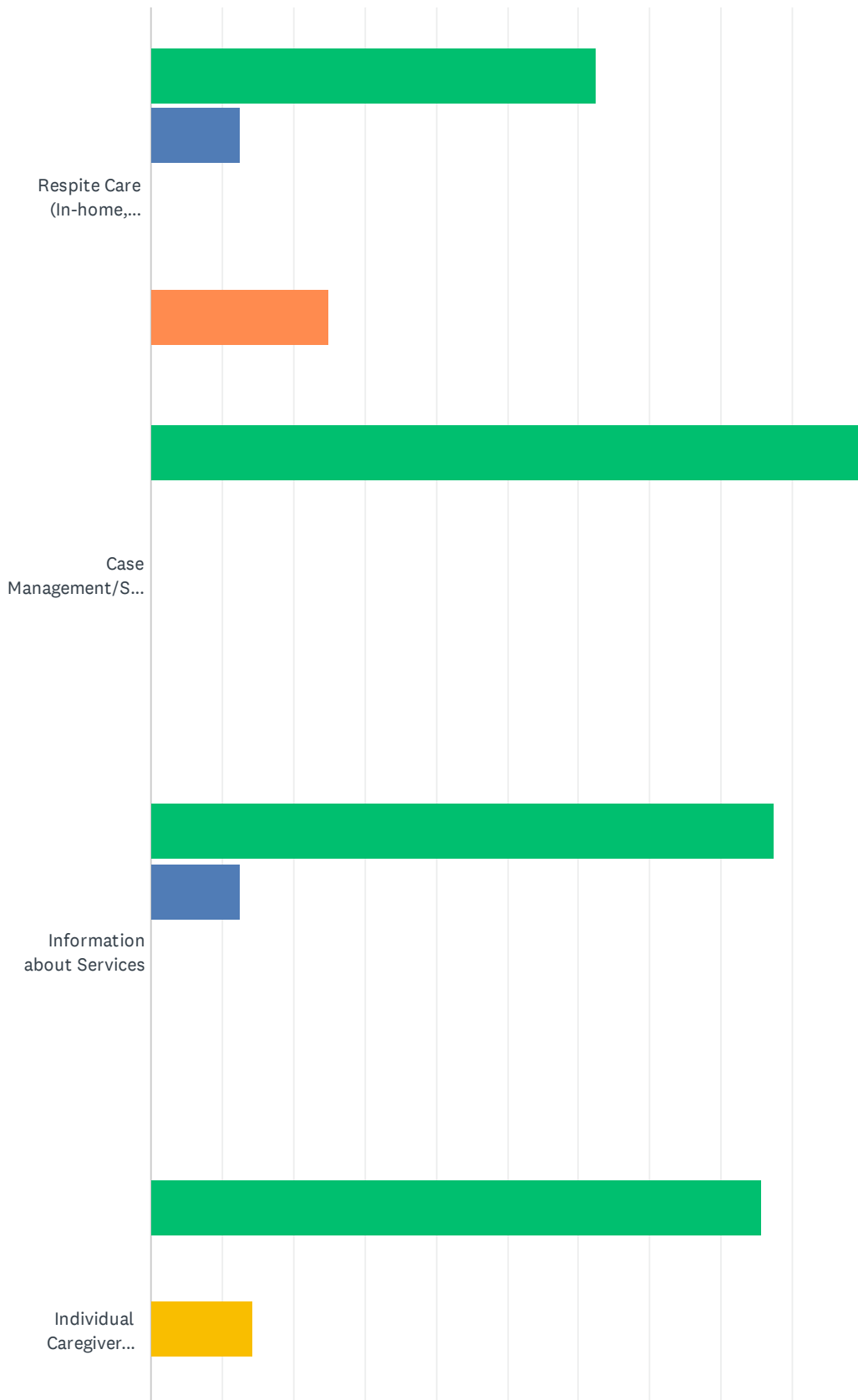


ANSWER CHOICES	RESPONSES	
Yes	100.00%	8
No	0.00%	0
TOTAL		8

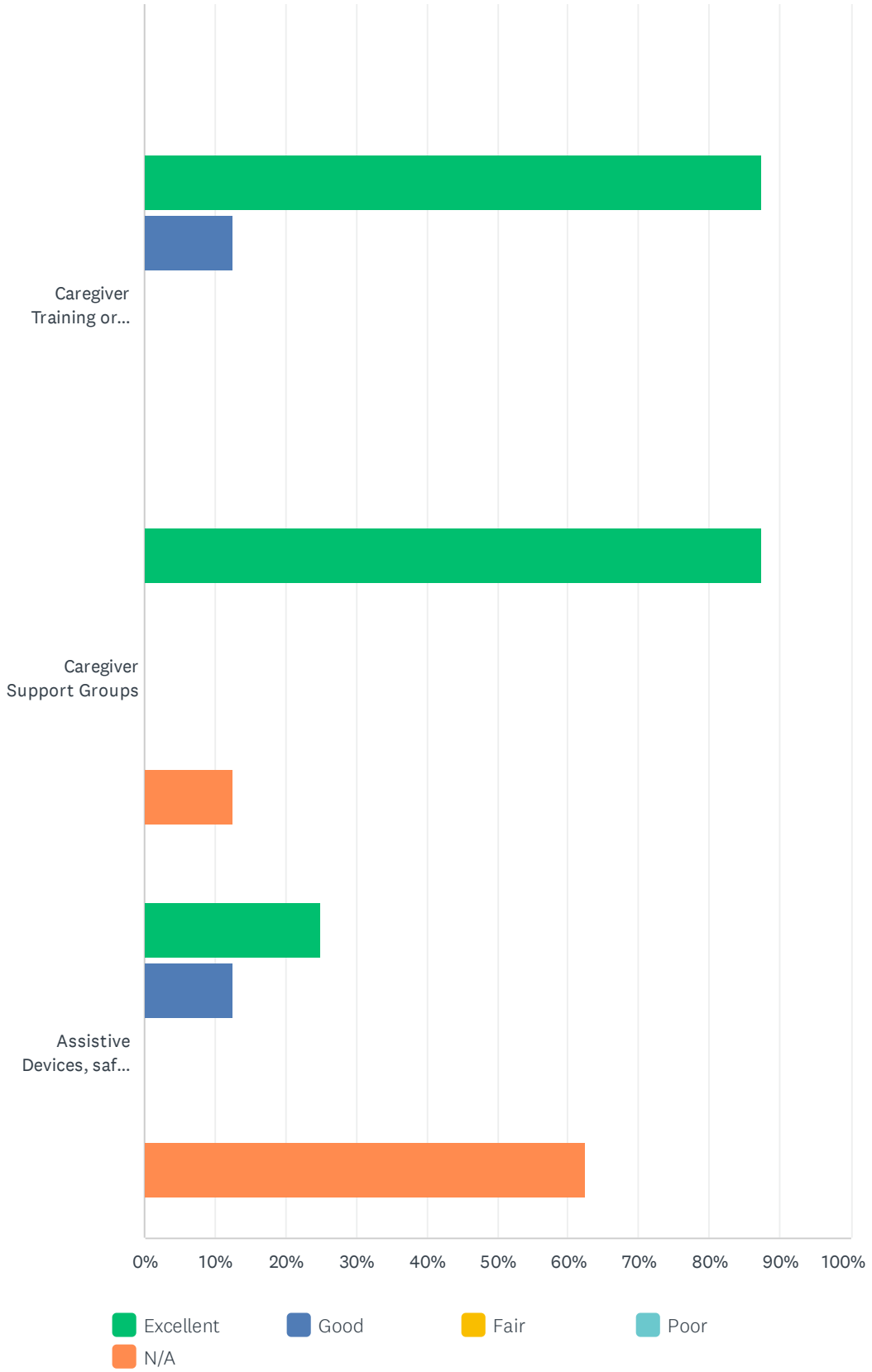
#	COMMENTS:	DATE
1	I was becoming so stressed and didn't know how to handle it.	3/9/2024 10:11 PM
2	Karla has been a blessing to my family. Without her help I couldn't have done it.	10/30/2023 8:29 PM

### Q16 Please rate the quality of services you received :

Answered: 8 Skipped: 0



# Utah Caregiver Support Program Survey



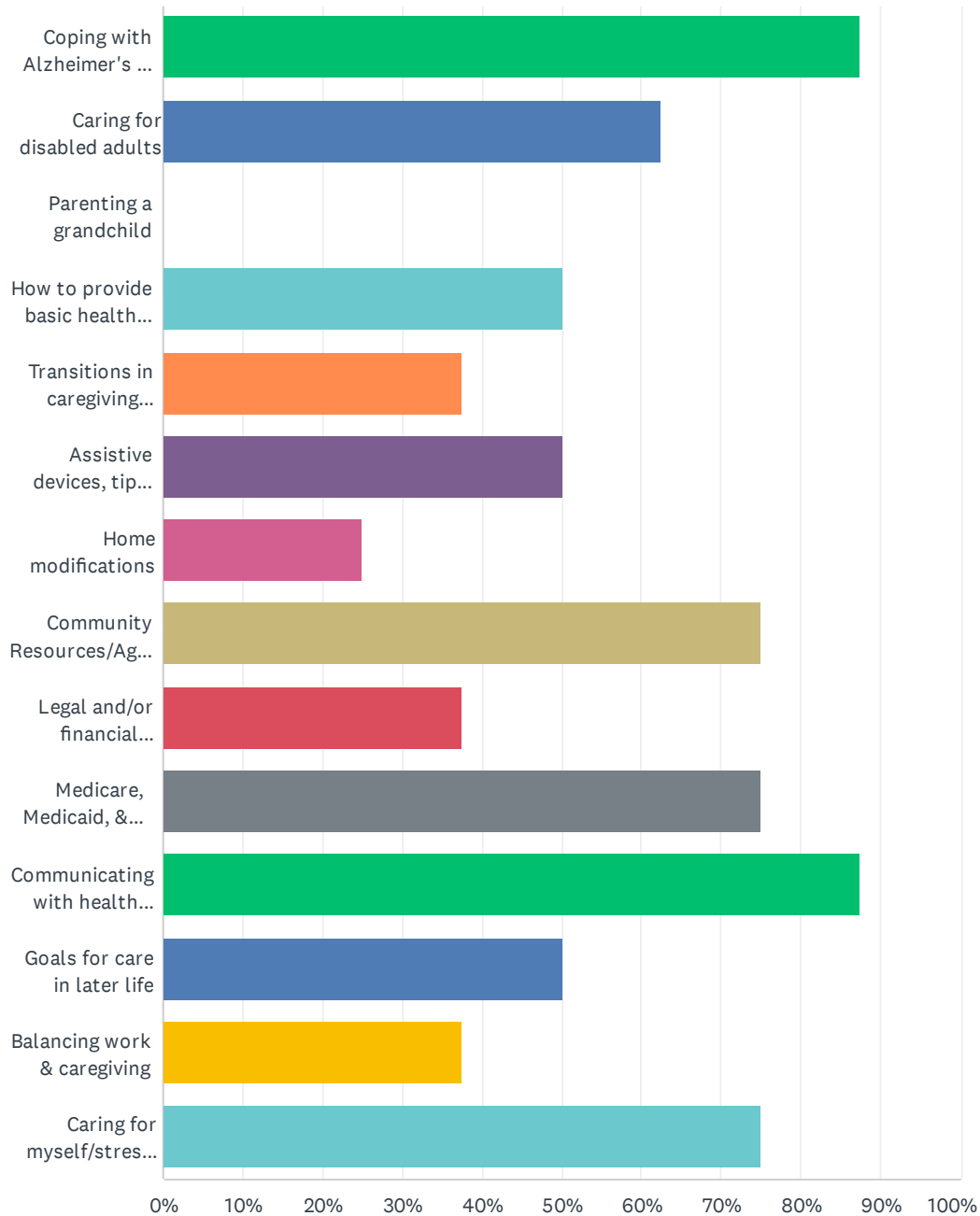
## Utah Caregiver Support Program Survey

	EXCELLENT	GOOD	FAIR	POOR	N/A	TOTAL	WEIGHTED AVERAGE
Respite Care (In-home, facility, Adult Day Care, etc.)	62.50% 5	12.50% 1	0.00% 0	0.00% 0	25.00% 2	8	3.83
Case Management/Social Worker assistance	100.00% 8	0.00% 0	0.00% 0	0.00% 0	0.00% 0	8	4.00
Information about Services	87.50% 7	12.50% 1	0.00% 0	0.00% 0	0.00% 0	8	3.88
Individual Caregiver Counseling	85.71% 6	0.00% 0	14.29% 1	0.00% 0	0.00% 0	7	3.71
Caregiver Training or Education	87.50% 7	12.50% 1	0.00% 0	0.00% 0	0.00% 0	8	3.88
Caregiver Support Groups	87.50% 7	0.00% 0	0.00% 0	0.00% 0	12.50% 1	8	4.00
Assistive Devices, safety equipment, home modifications	25.00% 2	12.50% 1	0.00% 0	0.00% 0	62.50% 5	8	3.67

#	OTHER NEEDED CAREGIVER SUPPORTS (PLEASE SPECIFY):	DATE
1	-Companion - my spouse did not relate to the companion very well even though the companion was kind and friendly, so we discontinued that. I would like to have had more in-home respite services. My spouse would not go to the adult day care. -housekeeping - allowed me to not be cleaning my house late at night.	5/9/2024 1:15 PM
2	The classes were so great and to be able to talk with others helped so much.	3/9/2024 10:11 PM

### Q17 Educational topics that have been or would be helpful to assist in your caregiving challenges (check all that apply):

Answered: 8 Skipped: 0



## Utah Caregiver Support Program Survey

ANSWER CHOICES	RESPONSES	
Coping with Alzheimer's or related dementias (expectations, behaviors, communication)	87.50%	7
Caring for disabled adults	62.50%	5
Parenting a grandchild	0.00%	0
How to provide basic health care tasks (proper lifting techniques, personal care, medication management, etc.)	50.00%	4
Transitions in caregiving (from independence, to hospital, rehab, care facilities, etc.)	37.50%	3
Assistive devices, tips, & techniques (grab bars, etc.)	50.00%	4
Home modifications	25.00%	2
Community Resources/Aging Services	75.00%	6
Legal and/or financial planning (POA, advanced directives, wills, trusts, estates, guardianship, reverse mortgage, housing, etc.)	37.50%	3
Medicare, Medicaid, & Social Security	75.00%	6
Communicating with health care providers	87.50%	7
Goals for care in later life	50.00%	4
Balancing work & caregiving	37.50%	3
Caring for myself/stress/dealing with emotions	75.00%	6
Total Respondents: 8		

#	OTHER (PLEASE SPECIFY):	DATE
1	I liked the information on including friends and family in caregiving.	5/9/2024 1:15 PM
2	The classes have helped me understand why I was feeling the way I was.	3/9/2024 10:11 PM

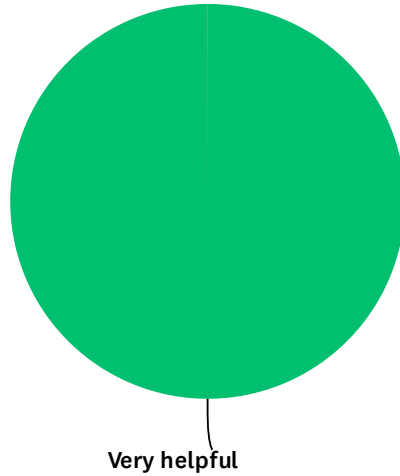
## Q18 What other kinds of help, information, and/or resources would be valuable to you as a caregiver?

Answered: 4 Skipped: 4

#	RESPONSES	DATE
1	How to feel okay about taking time for myself. How to find safe and reliable help to hire.	5/9/2024 1:15 PM
2	Help with medical bills i.e. understanding them and support when items are billed wrong.	3/9/2024 10:11 PM
3	Everything I have needed was provided.	9/14/2023 9:44 PM
4	Resources to have someone come into the house at night time/during evening so I could attend activities.	9/14/2023 9:23 PM

## Q19 How helpful and responsive was the case manager and/or other program staff to your needs?

Answered: 8 Skipped: 0



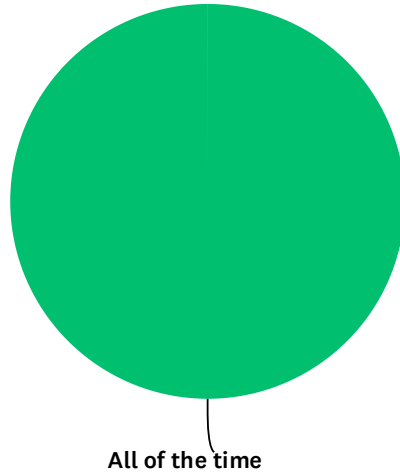
ANSWER CHOICES	RESPONSES	
Very helpful	100.00%	8
Helpful	0.00%	0
Somewhat helpful	0.00%	0
Not helpful	0.00%	0
<b>TOTAL</b>		<b>8</b>

#	COMMENTS:	DATE
1	She was experienced and knowledgeable. She was in tune with what we needed. She took time to answer my individual questions. We will miss her.	5/9/2024 1:15 PM
2	So helpful and understanding	3/9/2024 10:12 PM



## Q20 Did your case manager provide you with information that was clear, beneficial, and helpful to you as a caregiver?

Answered: 8 Skipped: 0

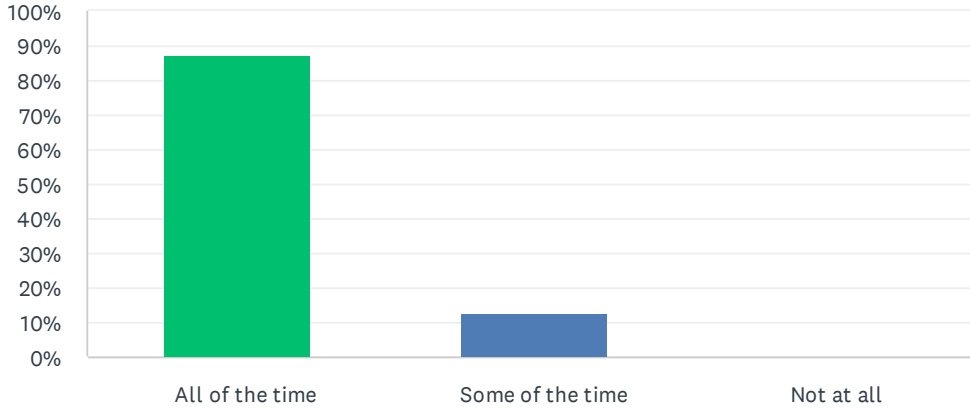


ANSWER CHOICES	RESPONSES	
All of the time	100.00%	8
Some of the time	0.00%	0
Not at all	0.00%	0
<b>TOTAL</b>		<b>8</b>

#	COMMENTS:	DATE
1	I always had something to read, look up. Helps to know you are not alone and that help is out there and its ok to ask for help!	3/9/2024 10:12 PM

## Q21 Did your case manager involve you in planning services that were individualized to your specific needs?

Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES
All of the time	87.50% 7
Some of the time	12.50% 1
Not at all	0.00% 0
<b>TOTAL</b>	<b>8</b>

#	COMMENTS:	DATE
1	Yes, yes, yes. Even with things I hadn't thought of.	3/9/2024 10:12 PM

## Q22 What suggestions do you have that may help us to improve the quality of the Caregiver Support Program?

Answered: 5 Skipped: 3

#	RESPONSES	DATE
1	Have a helpline or email where I could reach out for acute problems or questions I can't get answered elsewhere.	5/9/2024 1:24 PM
2	I think it works.	5/9/2024 11:51 AM
3	I just wish more people would call and find out they too could be helped.	3/9/2024 10:14 PM
4	The program was very helpful. No suggestions.	9/14/2023 9:44 PM
5	Nothing, case manager was great.	9/14/2023 9:23 PM

### Q23 What are your plans now that you are no longer receiving respite services that are funded through the Caregiver Support Program? (check all that apply)

Answered: 8 Skipped: 0



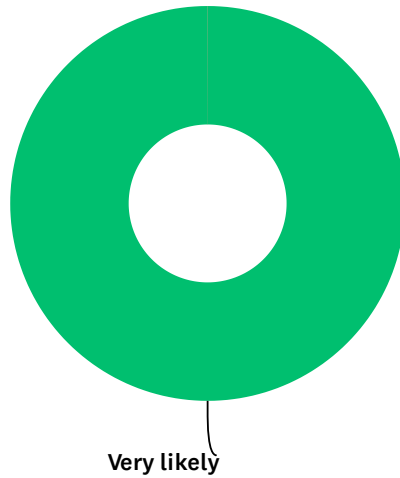
■ Continue wi... 
 ■ Stop using f... 
 ■ Utilize fami... 
 ■ Other (plea...

ANSWER CHOICES	RESPONSES
Continue with services on a private-pay basis	37.50% 3
Stop using formal/paid services	0.00% 0
Utilize family and/or other informal supports for ongoing assistance	50.00% 4
Other (please specify):	25.00% 2
Total Respondents: 8	

#	OTHER (PLEASE SPECIFY):	DATE
1	Attend classes to help with care at nursing home	3/9/2024 10:14 PM
2	No longer a caregiver, spouse passed away	9/14/2023 9:19 PM

## Q24 Would you recommend the Caregiver Support Program to others?

Answered: 8 Skipped: 0



ANSWER CHOICES	RESPONSES	
Very likely	100.00%	8
Likely	0.00%	0
Somewhat likely	0.00%	0
No	0.00%	0
<b>TOTAL</b>		<b>8</b>

#	COMMENTS:	DATE
1	I recommend it every chance I get.	5/9/2024 1:24 PM
2	I think Karla Fulton should have "at a girl" for her work. She knows what a caregiver is all about. Tell her thanks. From, Monty & Rose	5/9/2024 11:51 AM
3	I do all the time! It's hard to understand why more people don't use the support.	3/9/2024 10:14 PM

## Q25 If you could provide input to legislators regarding the benefits of the Caregiver Support Program, what would you tell them?

Answered: 6 Skipped: 2

#	RESPONSES	DATE
1	This is so important to our aging population. It provides services needed now that can prevent problems like injury from falls or improperly set up homes. It will prevent stress, emotional illness and probably elder abuse by over worked caregivers. It provides valuable information to the caregiver that can be shared with other people, so the effects are far reaching. It helps keep both the cared person and the caregiver out of a health facility.	5/9/2024 1:24 PM
2	Wow that is a good question. I believe there would be less abuse for both caregiver and receiver. It helps the family know if they are the right person to be giving safe care to their loved ones.	3/9/2024 10:14 PM
3	Continue to support the program.	12/11/2023 7:19 PM
4	This program is very helpful.	10/30/2023 8:29 PM
5	Provide more funding to increase the possibility to help more clients.	9/14/2023 9:44 PM
6	More funding is needed.	9/14/2023 9:23 PM