



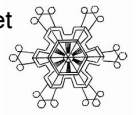







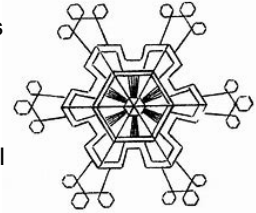


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Weber Senior Nutrition Program 1176 W. 3300 S. Ogden Utah 84401 801-399-8390 Milk Offered Daily Suggested Meal Donation \$4.00 Menu Subject To Change Without Notice  		
Corn Dogs 5 Mustard & Ketchup Packet Cubed Potatoes Ranch Green Beans Tossed Salad w/Dressing Apple Crisp 	County Fried Steak 6 Cream Gravy Whipped Potatoes Spinach with Lemon Apricot/Pineapple/Yogurt dressing Whole Wheat Roll	Ham Loaf with Mustard Sauce 7 Confetti Rice Brussel Sprouts Chilled Mandarin Oranges with Sliced Pears Fruity Oat Bar	Chicken Noodle Soup 8 Carrots Tropical Fruit Sugar Cookie Dinner Roll 	Baked Beef Liver 2 Au Gratin Potatoes Sautéed Onions /Mushrooms/Bacon Coleslaw Fresh Fruit Buttermilk Roll
Chili Con Carne W/ Cheese 12 Green Beans Mandarin Orange Gelatin Peanut Butter Brownie Saltine Crackers	Sweet and Sour Pork 13 Buttered Rice Brussel Sprouts Warm Apples w/Cinnamon	Potato Crunch Pollock 14 Tartar Sauce/Diced Potatoes Buttered Broccoli Chilled Pears White Cupcake Whole Wheat Roll 	Turkey Meatballs / Gravy 15 Whipped Potatoes Diced Carrots Pineapple Coleslaw Dinner Roll	Chicken San Remo 16 Fettuccini Noodles Cauliflower Fiesta Orange Wedges Cheese Biscuit 
Martin Luther King Day 19 	Teriyaki Beef Cubes 20 Parslied Rice Oriental Vegetables Chilled Pineapple Bran Muffin 	Baked Chicken Fricassee 21 Mashed Potatoes Green Beans with Bacon Tossed Salad w/Kidney Beans/Dressing Fresh Fruit Whole Wheat Roll	Beef and Barley Soup 24 Whole Potatoes Carrot Raisin Salad Lemon Cream Fruit Cup Buttermilk Roll	Pork Chop with Gravy 25 Baked Potato with Sour Cream Stewed Tomatoes Warm Peaches Carrot Cake with Cream Cheese Frosting
Tavern Battered Pollock 26 Tartar Sauce Lemon Rice Peas Chilled Peaches Whole Wheat Roll 	Pizza Burger / Sauce 27 Mozzarella Cheese & Pepperoni Cubed potatoes Italian Vegetables Apple Sauce Hamburger Bun	Ruben Casserole 28 Whole White Potatoes Mixed Vegetable Cottage Cheese with Pineapple Ring Iced White Cake 	Southwest Chicken Chili 29 Green Beans Fruited Banana Pudding Sweet Corn Bread	Roast Pork / Gravy 30 Whipped Potatoes Harvard Beets Chilled Peaches Ranch Dinner Roll 

Meals Are Made Possible By Your Generous Contributions • Every Donation Helps Provide Meals To A Senior In Your Community