



April 2026

***National Prescription Drug Take Back Day
Drop-off Unused Prescriptions and Help Prevent Misuse***

National Prescription Drug Take Back Day is a nationwide initiative led by the Drug Enforcement Administration (DEA) to provide safe, convenient, and anonymous ways for community members to dispose of unused or expired medications. From July 2024 to June 2025, the Office of the Medical Examiner's Fatal Overdose Surveillance reported about 540 accidental overdoses that occurred in Utah (83% of all overdoses), while also reporting that 73% of those accidental overdose deaths involved prescription opioids.

As we're headed into spring, consider cleaning out your medicine cabinets! Too often, unused prescriptions sit in our medicine cabinets where they can be accidentally ingested, intentionally misused, or put into the wrong hands. By properly disposing of medications, you are helping to promote safe practices, protect public health, and reduce the availability of substances that may otherwise lead to addiction or accidental harm. You can make a meaningful impact in reducing the risk of addiction and overdose while contributing to a safer and healthier community for everyone. Additionally, safe disposal helps protect the environment, as flushing or improperly disposing of medications can be dangerous to our water systems and wildlife.

In Weber County, there will be multiple opportunities to participate in Take Back Day. On Saturday, April 25, 2026, collection sites will be available from 10:00 am to 2:00 pm at the following locations:

- ◆ **Kent's, 3673 W 2600 N, Plain City**
- ◆ **Macey's, 325 36th St, Ogden**
- ◆ **Smith's, 1485 Harrison Blvd, Ogden**
- ◆ **Smith's, 4275 Harrison Blvd, Ogden**



These sites are typically outside of grocery stores, where you're able to drive through and drop off your medications. All prescription medications will be accepted, as well as over-the-counter drugs, vitamins, veterinary medications, and certain e-cigarette devices (with batteries removed), making it easy for you to safely dispose of a wide range of items. Please note that needles will not be accepted unless there is a sharps container present.

If you happen to miss Take Back Day, you can still safely get rid of your medications. Talk to your local pharmacy or find year-round drop off locations online at <https://safe.pharmacy/drug-disposal/>

Submitted by Danielle Kaiser, MPH, Community-Center Prevention Regional Director

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**Weber/Morgan Area Agency
on Aging**
237 26th Street
Ogden, UT 84401
801-625-3770

**Nobu Iizuka, Director, Weber Morgan
Area Agency on Aging**

**Weber Senior Nutrition
Meals on Wheels**
1176 West 3300 South
Ogden, UT 84401
801-399-8392

**Cami McFarland, Nutrition Manager
Weber/Morgan Nutrition Program**

**Tessa Fletcher, Program Manager
Weber/Morgan Nutrition Program**

Weber/Morgan Services Aging
www.weberhsaging.net
Weber/Morgan Senior Art Gallery
www.wmseniorart.net
Weber/Morgan Monthly Newsletter
www.ourseniorcenter.com



Roy Hillside Senior Center
5051 S. 2000 W., Roy

Arthritis Exercise Tai Chi for Arthritis

- Lunch
- Games
- Education
- Foot Clinic, etc.

801-773-0860

Director—Kathy Prevedel
Open 8:30 am-3:30 pm, Mon-Thu
9:00 am-12:30 pm, Fri

Arthritis Foundation Exercise Program

Join us for our AFEP class every Friday

When: Fridays, 10:00 - 11:00 a.m.

Where: Roy Hillside Senior Center
5051 S. 2000 W. Roy, UT 84067

Free of Charge!

Multiple exercise activities, including warm-up, range of motion/stretching, strengthening, cardiovascular endurance, and cool down.

To Improve: Functional ability, mobility, muscle strength and coordination

To Reduce: Fatigue, pain and stiffness



ROY HILLSIDE

Euchre:

Every 2nd and 4th Wednesday at 1:00 PM.
Come learn and play!



ROY HILLSIDE

BirthDay Celebration:

Wednesday, April 1
Cupcakes provided by Treeo Retirement Living

Robin Arnold:

Wednesday, April 1, 11:30 AM

Painting with Trish is back!:

Tuesday, April 14, 10:00 AM
(Sign up at front desk)

Foot Clinic (With Nurse Provided by Allevio Podiatry):

Wednesday, April 15, 10:00 AM
(Nurse available by appointment from Allevio Podiatry)

Garr Ashby:

Wednesday, April 22, 11:30 AM

Medicare Minute with Madeleine McDonald:

Tuesday, April 28, 11:30 AM

Easter Dinner

April 3—Wear your Easter bonnet!

BINGO:

Wednesday, April 1, 1:00 PM

A-Plus Health Care at Home—
Please welcome our new sponsors!

Wednesday, April 15, 1:00 PM

Sun Ridge Assisted Living

Crossword by Northern Utah Rehab:

Wednesday, April 15, 11:30 AM

Voyant Law Legal Assistance (Lance):

Tuesday, April 14, 11:30 AM

Appointment only—Speak to Kathy for more information

Second Generation Band

Thursday, April 16, 11:00 AM

Ongoing Activities
Lunch is Served from 11:30 AM-12:30 PM
Reservations are Required

MONDAY:

9:00 AM Oil Painting
9:00 AM Coffee with Friends
11:00 AM Cards (Hand and Foot)
12:30 PM Line Dancing

TUESDAY:

8:30 AM Ceramics
9:00 AM Tai Chi for Arthritis
9:00 AM Quilting
9:00 AM Coffee with Friends
12:30 PM Pinochle

WEDNESDAY:

8:30 AM Ceramics
9:00 AM Sewing Group
10:00 AM Blood Pressure Clinic
10:00 AM New Zumba Class
10:00 AM Blood Pressure Clinic (**New Time**)
1:00 PM Cards (Euchre)

Come learn and play!

THURSDAY:

8:30 AM Oil Painting
8:30 AM Crocheting
9:00 AM Floor Yoga
9:30 AM Chair Yoga
10:30 AM Tea Time with Friends
11:00 AM Cards (Hand and Foot)

FRIDAY:

9:00 AM Arthritis Exercise—Tai Chi
10:00 AM Coffee with Friends

Please continue to check at the front desk and on our board for new activities!

Roy Hillside Senior Center
5051 South 2000 West, Roy, Utah 84067
801-773-0860

Director: Kathy Prevedel
Open 8:30 AM-3:30 PM Monday-Thursday
9:00 AM-1:00 PM Friday

FARR WEST SENIOR CENTER
 1896 North 1800 West, Farr West, Utah 84404
 Phone: 801-782-3497
 Director: Ange Frey-Horn
 Hours: Monday-8:00AM-1:00 PM
 Tuesday & Wednesday-8:00 AM-12:00 PM
 Thursday-8:00 AM-10:00 AM

QUILTING
 Monday and Tuesday at 9 AM
 Hand quilt with us!
 We meet every Monday and
 Tuesday at 9:00 AM.

WII BOWLING
 Tuesdays at 10:30 AM
 Join us for Wii Bowling every
 Tuesday! If you put "having fun"
 on your resolution list, this is the
 event you should be coming to!

**STAINED GLASS &
 PURLS OF WISDOM**
 Wednesdays at 10:00 AM
 Want to learn a new skill? Join our
 dedicated group of stained glass
 artists and yarn enthusiasts!

Visit us today!
 801-782-3497
 seniorcenter@farrwestcity.gov
 farrwestcity.net/seniorcenter
 1896 North 1800 West
 Farr West City, UT 84404

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 jschwartz@4LPi.com
 (800) 950-9952 x6801



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MORGAN SENIOR CENTER



50 West 100 North, Morgan, Utah 84050
 Director: Cissy Toone
 Phone: 801-845-4040
 Hours: Monday–Thursday 8:00 AM–4:00 PM
 Lunch is Served Tuesday–Thursday from 12:00 PM
 (Noon) until 1:00 PM

Monday	Tuesday	Wednesday	Thursday
		4/1 Mexican Train 1:00 PM Blood Pressure Checks 11:00 AM	4/2 Cards 10:00 AM
4/6 Quilting 1:00 PM 	4/7 Shopping 1:30 PM	4/8 Mexican Train 1:00 PM	4/9 Cards 10:00 AM 
4/13 Quilting 1:00 PM	4/14 Medicare Minute with Shantel Clark, WHS Aging 12:00 PM	4/15 Mexican Train 1:00 PM	4/16 Cards 10:00 AM
4/20 Quilting 1:00 PM	4/21 Birthday Celebration 12:30	4/22 Mexican Train 1:00 PM	4/23 Cards 10:00 AM
4/27 Quilting 1:00 PM	4/28	4/29 Mexican Train 1:00 PM	4/30 Cards 10:00 AM

MARRIOTT-SLATERVILLE SENIOR CENTER

1570 West 400 North, Marriott-Slaterville, Utah 84404
Phone: 801-627-1919
Director: Shauna Meyerhoffer
Monday-Thursday: 9:00 AM-5:00 PM

Lunch is Served Every Tuesday!

Join us for lunch at the
Marriott-Slaterville Senior Center, housed with the
Marriott-Slaterville City offices.
Every Tuesday from 11:30 AM-12:30 PM
Reservations are required.

Yoga: Every Thursday at 9:00 AM

NORTH VIEW



**Grief Support
Group**

**4th Thursday
each month
2:30**

 **North View Senior Center**
485 E 2550 N, North Ogden
801-782-6211 seniors 55+
<http://northviewseniorcenter.org>

Grief Support Group
Thursday, April 23, 2:30 pm

6 | Weber/Morgan Area Agency on Aging

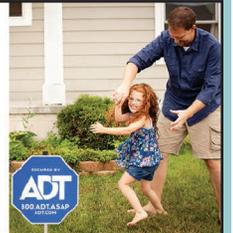
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NORTH VIEW

Easter Luncheon

Friday, April 3, 11:30 AM

Easter Bonnet Contest

Friday, April 3, after lunch

Nutrition Class

Friday, April 3, 1:00 PM

Haircuts

Monday, April 6, 10:00 AM **\$5.00**
(Scheduled time is required.)

Blood Pressure Checks

Monday, April 6, 10:00 AM

Foot Clinic by Canyon Home & Hospice

Wednesday, April 8, 10:00 AM
(Nail trimming only. Scheduled time is required.)

Painting with Trish

Monday, April 13, 1:00 PM
(Please call to sign up in advance. Cost is \$20.00.)

Evening Music and Dance with Gary Romer

Saturday, April 18, 7:00-9:00 PM

Performance by Alan Benedict

Monday, April 6, 11:30-12:30 PM

Performance by Fire on the Mountain during lunch

Wednesday, April 15, 11:30 PM

AARP Driving Class—Call to Register

Monday, April 27, 10:00 AM

Live Music—Sounds of Markandala Duo

Thursday, April 30, dinner at 5:00, performance at 5:30—
cost is \$4.00, register in advance

Thursday Evening Activities:

Bingo

April 2

Game Night

April 15

Thursday Evening Activities run from 5:30 PM until 7:30 PM. A light
dinner will be served at 5:00 PM for a cost of \$4.00. See website or
Facebook page for menu.

Please sign up by Wednesday afternoon.



Ongoing Activities

Lunch is Served Monday-Friday from 11:30 AM-12:30 PM

Reservation Required!

MONDAY:

8:30 AM.....Ceramics/Porcelain
9:00 AM.....Beginners Line Dancing
10:00 AM.....Intermediate Line Dancing
1:00 PM.....Intermediate Tap Dance
1:00 PM.....Advanced Computer Class
(Call to be added to the wait list)

TUESDAY:

9:00 AM.....Billiards
9:00 AM.....Intermediate Tai Chi
(Must be approved by instructor)
9:30 AM.....Art
10:00 AM.....Intermediate Line Dancing
1:00 PM.....Leatherworking Class
(Limited number of spaces)

WEDNESDAY:

9:00 AM.....Wood Carving
9:00 AM.....Bridge
9:00 AM.....Billiards
10:00 AM.....Intermediate Line Dancing
12:30 PM.....Beginners Line Dancing
12:30 PM.....Games
(Chess, Pinochle, Cards)

THURSDAY:

9:00 AM.....Quilting Group
9:00 AM.....Beginners Tai Chi
12:00 PM.....Hand Crafting Circle Service Group
(Making Items for Seniors in our Community)
1:00 PM.....Intermediate Tap Dance
3:30 PM.....Movement/Dancing with Jill

*For Thursday evening activities, see above.

FRIDAY:

8:30 AM.....Ceramics
8:30 AM.....Beginners Line Dancing
9:00 AM.....Bridge
10:15 AM.....Yoga

North View Senior Center

485 East 2550 North

Phone: 801-782-6211

Director - Jill Garner

Hours: Monday-Thursday 8:00 am - 4:00 pm

Thursday Evening Activities to 7:30 pm

Friday 8:00 am to 2:00 pm

Seniors 60 and older—Suggested Donation: \$4.00
 Individuals under 60 years of age—Charge: \$7.00

MONDAY		TUESDAY		WEDNESDAY
				
Fish Sandwich w/Cheese Bun, Tartar Sauce Cubed Potatoes Lettuce, Tomato Steamed Broccoli Fruit Salad	6	Ground Beef Gravy over Whipped Potatoes Cauliflower w/Pimentos Confetti Gelatin Salad Cinnamon Spiced Apple sauce Buttermilk Roll	7	BBQ Pork Rib Baked Beans Italian Vegetables Sour Cream Coleslaw Chilled Peaches Cornbread Muffin
Parmesan Beef Pattie Marinara Sauce Linguini Capri Blend Vegetables Mixed Fruit Salad Congo Bar	13	Roast Turkey / Gravy Stuffing Harvard Beets Fresh Orange Dinner Roll	14	Vegetable Meatloaf / Gravy Whipped Potatoes Broccoli Chilled Pears Coffee Cake
Chicken Tenders Ranch Dressing Tatar Tots Green Beans with Onions Warm Peaches Peanut Butter Cookie	20	Tuna Cheddar Pie / Cheese Sauce Sweet Potatoes Buttered Peas Broccoli Bacon Salad Cherry Crisp (No Roll)	21	Cheesy Sausage Over Whipped Potatoes Peas and Corn Cole slaw Cinnamon Apple sauce Dinner Roll
Southwest White Chicken Chili Buttered Broccoli Pear Half with Whipped Topping/Almonds Gingersnap Cookie Saltine Crackers	27	Sausage/ Diced Potatoes Country Gravy Sautéed Onions and Peppers Peach Salad Cinnamon Raisin Roll	28	Pork Chop w/Gravy Baked Potato/Sour Cream Malibu Vegetables Carrifruit Salad Fresh fruit Whole Wheat Roll

Meals Are Made Possible By Your Generous Contributions Every Donation Helps

WEBER SENIOR NUTRITION: 801-399-8390

Milk Offered Daily—Menu subject to change without notice.

DAY	THURSDAY	FRIDAY
1	<p>2</p> <p>Turkey Meatballs/Cream Gravy Whipped Potatoes Carrot Medley Tossed Salad With Dressing Mandarin Oranges Banana Nut Roll</p>	<p>3</p> <p>Honey Glazed Baked Ham Scalloped Potatoes Malibu Vegetables Chilled Pineapple Easter Egg Easter Cup Cake Cinnamon Raisin Roll</p> 
8	<p>9</p> <p>Hearty Beef Stew with Vegetables Diced Potatoes Tropical Fruit Cup Whole Wheat Roll</p> 	<p>10</p> <p>Country Fried Steak Cream Gravy / Whipped Potatoes California Blend Vegetables Yogurt Fruit Salad Iced Lemon Cake Wheat Roll</p>
15	<p>16</p> <p>BBQ Chicken Steamed Rice Cauliflower with Diced Red Peppers Spring Pea Salad Fruit Cocktail Oatmeal Roll</p>	<p>17</p> <p>Pork Chow Mein Fried Noodles Peas and Red Peppers Waldorf Salad Fortune Cookie</p>
22	<p>23</p> <p>Salisbury Steak/Mushroom Gravy Baked Potato / Sour Cream Riviera Vegetables Cottage Cheese Fluff Whole Wheat Roll</p>	<p>24</p> <p>Mojo Pork Roast Cubin Rice Sliced Carrots Chilled Pineapple Wheat Roll</p> 
29	<p>30</p> <p>Battered Fish Diced Potatoes Buttered Peas Warm Peaches Tapioca Pudding</p> 	<p>Weber Senior Nutrition Program 1176 W. 3300 S. Ogden Utah 84401 801-399-8390 Milk Offered Daily Menu Subject To Change Without Notice Suggested Donation \$ 4.00</p>

Provide Meals To A Senior In Your Community

GOLDEN HOURS

Take a Hike!

APRIL 14TH | 9:00 AM
BIG DEE PARKWAY

APRIL 29TH | 9:00 AM
OGDEN NATURE CENTER
(NO DOGS ALLOWED)

All skill levels are welcome. Wear your tennis shoes and bring some water while we enjoy the local trails!

Must register at the front desk.

Doodles & Dessert

Ogden Recreation

Sign up at front desk to paint this!



\$10 per Person

Friday, April 10th at 2:00 pm
Held in the Multi-Purpose Room

No experience needed.
Instruction & Materials Provided



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Social Opportunities

Coffee Talk w/ Byron
7th & 21st at 10:30

Natural History Museum Field Trip
20th at 10:00

Hiking Group
Big Dee Parkway— 14th at 9:00
Ogden Nature Center— 29th at 9:00

Classes

Advanced Strong Bodies
10th & 24th at 2:30

Special Events

Easter Scavenger Hunt
Mar 30th thru Apr 3

Easter Party
3rd at 11:30

Senior Helpers Presentation
7th at 11:30

David & Debbie Music Performance
17th at 11:30

Medicare Minute— 21st at 11:30

Crafts

Wire Wrapping— 7th at 4:30
Monthly Quilt Block — 13th at 10:00

Stitches In Time
Tuesdays at 12:00

Services (By Appointment Only)

Tech Tutor— Mondays 5-6
Legal Services— 2nd & 9th at 1:30

GOLDEN HOURS

Music Performance

Friday, April 17, 11:30 AM

CSFP Food Box Pickup

Monday, April 6

Silversmithing (Open Studio)

Wednesday, April 1, 8, 22 & 29, 5:00 PM-8:00 PM

Ukulele

Wednesday, April 1 & 15, 6:00 PM-7:30 PM

Newcomers Bridge

Thursday, April 2 & 16, 12:30 PM-4:00 PM

Beehive Rock and Gem Club

Tuesday, April 28, 5:30-9:00 PM

Alzheimer's Support Group

Monday, April 20, 1:00 PM

S.O.A.P. Game Night

Tuesday, April 7 & 21, 6:00-8:00 PM

S.O.A.P. Movie Night

Tuesday, April 28, 5:30-8:00 PM

Gay Men's Support Group

Tuesday, April 14, 6:00-7:30 PM

Advanced Strong Bodies Class

Friday, April 10 & 24, 2:30 PM-3:45 PM

Podiatry Clinic (Appointment Required)

Friday, April 23, 10:00 AM

ONGOING ACTIVITIES

Lunch is Served from 11:30 AM-12:30 PM

24-Hour Advance Reservation Required. Please call (801) 629-8864 to reserve lunch.

MONDAY:

- 9:00 AM-4:00 PM.....Sewing
- 10:30 AM-1:30 PM.....Pottery Open Studio
- 12:30 PM.....BINGO
- 1:00 PM-4:00 PM.....American Western Mahjong
- 2:30 PM.....Strong Bodies Class
- 4:00 PM-7:30 PM.....Pickleball (All Levels)
- 4:00 PM-8:00 PM.....Lapidary (Open Lab)

TUESDAY:

- 9:00 AM-11:00 AM.....Crochet & Knitting
- 9:30 AM-10:30 AM.....Zumba
- 10:00 AM-2:00 PM.....Open Art Studio
- 12:00 PM-2:00 PM...Stitches in Time (Registration Required)
- 3:00 PM.....Balance & Fitness
- 3:30 PM.....Chair Yoga
- 4:00 PM-8:00 PM.....Lapidary
- 5:30 PM-7:30 PM.....Pottery Open Studio

WEDNESDAY:

- 9:30 AM.....Bingo
- 10:00 AM-11:00 AM.....Vet's Group
- 10:00 AM-4:00 PM.....Dominoes
- 11:30 AM-4:00 PM.....Duplicate Bridge
- 2:30 PM.....Strong Bodies Class
- 6:00-8:00 PM.....Guitar Jammers

THURSDAY:

- 10:00 AM-2:00 PM.....Open Art Studio
- 12:00 PM-4:00 PM.....Pinochle
- 12:30 PM.....Living Well Tai Chi
- 3:00 PM.....Balance & Fitness
- 3:30 PM.....Chair Yoga
- 5:00 PM-8:00 PM.....Silversmithing (Registration Required)
- 6:00 PM-8:00 PM.....Diamond Squares

FRIDAY:

- 9:00 AM-11:00 AM.....Crochet & Knitting
- 9:00 AM-4:00 PM.....Sewing
- 10:00 AM-11:30 AM.....Line Dance (Intermediate)
- 10:30 AM-1:30 PM.....Pottery Open Studio
- 11:00 AM-4:30 PM.....Marathon Bridge
- 2:00 PM-4:00 PM.....Pottery (Registration Required)

Golden Hours Senior Recreation Center

650 25th Street, Ogden, Utah 84401

Phone: 801-629-8864

Director: Ginger Myers

Hours: Monday-Thursday 8:00 AM-8:00 PM

Friday 8:00 AM-5:00 PM

OGDEN VALLEY SENIOR CENTER
 131 South 7400 East, Huntsville, Utah 84317
 Director: Cynthia Guerrero Roman
 Phone: 801-399-8392

Ogden Valley Senior Center is housed with the
 Ogden Valley Library in Huntsville.

Lunch is served on Wednesdays from 12:00 PM-1:00 PM.
Reservations are Required.

BINGO-1:00 PM
 Second Wednesday



VIRTUAL SENIOR CENTER
www.weberhsaging.net

Classes for at-home learning and participation. Visit weberhsaging.net and click on "Virtual Senior Center".

UKULELE BEGINNER CLASS
 Six lesson course, with each lesson between 5-8 minutes

EXERCISE CLASS
 One session Arthritis Foundation chair exercise class (36 min)

TAI CHI EXERCISE
 One session class (49 min)

TRISH PAINTS VIRTUAL PAINTING CLASS
 6 different paintings to choose from, each painting takes roughly 2 hours from start to finish. Videos can be stopped and restarted as needed. Each painting has a list of materials before each tutorial.

Visit weberhsaging.net or call (801) 625-3771 for more information.

12 | Weber/Morgan Area Agency on Aging

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WASHINGTON TERRACE

Dominos Train Game

Every morning & after lunch until 2:00 PM, Monday-Friday

Medicare Minute with Madeline from WHS

Tuesday, April 14, 12:00 PM

WTSC Haircuts by Alex with Great Clips - \$5.00

Wednesday, April 15, 10:00 AM

Foot Clinic by Canyon Homecare and Hospice

Wednesday, April 22, 10:00 AM

Hand and Foot Care

Every morning, and Wednesdays after lunch until 2:00 PM

Wasatch RV Club Meeting

Tuesday, April 14, 12:00 PM

AARP DRIVER'S ED CLASS

Monday, April 13, 9:30 AM to 2:00 PM
Please call to RSVP.

- **BINGO**

Thursday, April 2 & 16, 1:00 PM

April Birthdays Celebration

with cupcakes from Treco

Wednesday, April 15

EASTER CELEBRATION AND DANCE

TREATS WELCOME

MONDAY, APRIL 6, 10:30 AM-12:00 PM

HAPPY EASTER, WTSC MEMBERS!

Ongoing Activities

Lunch is Served from 12:00 PM (noon) - 1:00 PM

Reservation Required!

MONDAY:

9:00 AM.....Low Impact Exercise

11:00 AM.....Basic, Step-by-Step Beginners
Line Dancing by Jan Leah

12:00 PM.....Oil Painting Art Class By: Ron Harvey

TUESDAY:

10:00 AM.....Porcelain Doll Class

10:30 AM...Live Music by Second Generation Band

WEDNESDAY:

9:00 AM.....Hand Quilting

10:00 AM.....Ceramics

10:30 AM...Live Music by Second Generation Band

1:00 PM.....Intermediate Line Dancing
by Chris Stegen

Every day a library, pool tables, and a ping pong table can be found downstairs.

THURSDAY:

9:00 AM.....Low Impact Exercise

10:00 AM.....Ceramics/Creative Crafts

FRIDAY:

10:00 AM.....Ceramics

10:30 AM.....Live Music by Senior Moments Band

1:00 PM.....Beginning Line Dancing by Evelyn Bird

Come help put together a puzzle with the Master Minds everyday!

Wii Bowling and other Nintendo Games available after lunch.

Washington Terrace Senior Center

4601 South 300 West

801-621-0161

Director: Cheryl Corrigan

Hours 9:00 AM-2:30 PM

MEDICARE BASIC CLASS!



Tuesday, April 14th 2026 @ 3 pm
Weber Human Services
237 26th street Ogden, UT 84401
training room

Come learn about the basics of Medicare, and how to get through the Medicare maze. In addition, how to protect yourself from fraud and scams. We are a nonprofit and non-bias program. We are located at Weber Human Services. We offer a free service to anyone who is on or going to be on Medicare or Medicaid. If you cannot make this class and have Medicare and Medicaid questions give us a call at 801-625-3770, and a SHIP counselor can help.



This project was supported, in part by grant number SHIP Grant # 90SAPG0061 and SMP Grant # 90MPPG0059, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

Roy Senior Center Emergency Pizza Party!

Weber Human Services Nutrition could not produce Senior Center meals on March 5 due to a sudden power outage. Roy Senior Center held a emergency pizza party with WestSide Pizza.



Roy Senior Center Cross Stich Artist By Mr. Ross Payne



AARP Utah Upcoming Scam Jams!

SAVE THE DATE!

Wednesday, April 22, 2026
2:00 PM-3:45 PM

Weber Human Services
237 26th St 3rd Floor Meeting Room
Ogden, UT 84401



Seating is limited, and registration is required.

[Click HERE to sign up now!](#)

Join us for this exciting in-person event starting at 2:00 pm. Get ready to hear from top-notch speakers from the FBI, Utah Division of Consumer Protection, and more! **Real Stories:** Hear from people who have fallen victim to scams and learn from their experiences. **Expert Insights:** Discover the latest scams, what to watch out for, and how to protect yourself. **Interactive Q&A:** Ask your burning questions and get answers from the experts. Plus enjoy delicious snacks and beverages, and don't miss out on the exciting giveaways!



Weber and Morgan county Senior Medicare Patrol invite you to help fight fraud and reduce the threat of possible identity theft by properly disposing of sensitive documents. These items can include:

- Documents with personal information
- Documents with your credit card information
- Junk mail for credit card offers.

Your documents will be shredded at no cost by a certified shredding company.

DATES

- Tuesday, May 5th 2026**
from 10 am to noon
Morgan Senior Center
50 W. 100 N. Morgan, UT 84050
- Monday, May 18th, 2026**
from 9 am to 11 am
Roy Hillside Senior Center
5051 S 2000 W Roy, UT
Please enter in by 2000 west
- Tuesday, May 19th, 2026**
from 9 am to 11 am
Golden Hour Senior Center
650 25th Street Ogden UT

CONTACT US:

You can contact your local SHIP program at 801-625-3770. Your local SHIP /SMP program is a free non-bias services that helps anyone with Medicare and Medicaid questions, and can assist you in lowering the cost of medications if you qualify.



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