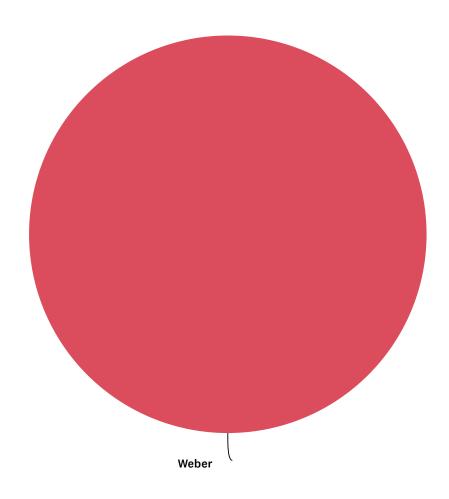
Q1 What county do you live in?

Answered: 7 Skipped: 0

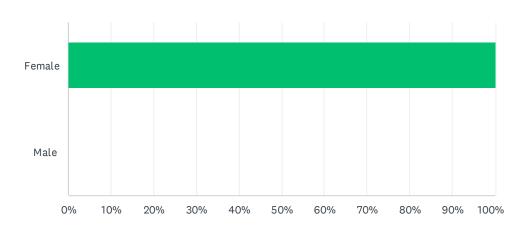


Utah Caregiver Support Program Survey

| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| Beaver | 0.00% | 0 |
| Box Elder | 0.00% | 0 |
| Cache | 0.00% | 0 |
| Carbon | 0.00% | 0 |
| Daggett | 0.00% | 0 |
| Davis | 0.00% | 0 |
| Duchesne | 0.00% | 0 |
| Emery | 0.00% | 0 |
| Garfield | 0.00% | 0 |
| Grand | 0.00% | 0 |
| Iron | 0.00% | 0 |
| Juab | 0.00% | 0 |
| Kane | 0.00% | 0 |
| Millard | 0.00% | 0 |
| Morgan | 0.00% | 0 |
| Piute | 0.00% | 0 |
| Rich | 0.00% | 0 |
| Salt Lake | 0.00% | 0 |
| San Juan | 0.00% | 0 |
| Sanpete | 0.00% | 0 |
| Sevier | 0.00% | 0 |
| Summit | 0.00% | 0 |
| Tooele | 0.00% | 0 |
| Uintah | 0.00% | 0 |
| Utah | 0.00% | 0 |
| Wasatch | 0.00% | 0 |
| Washington | 0.00% | 0 |
| Wayne | 0.00% | 0 |
| Weber | 100.00% | 7 |
| TOTAL | | 7 |

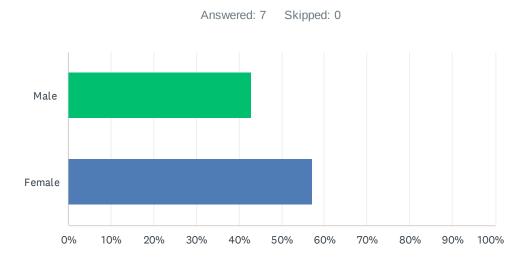
Q2 What is your gender?

Answered: 7 Skipped: 0



| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| Female | 100.00% | 7 |
| Male | 0.00% | 0 |
| TOTAL | | 7 |

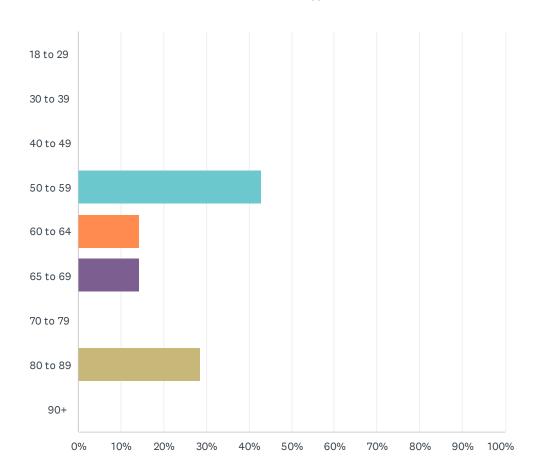
Q3 What is the gender of the person you care for?



| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| Male | 42.86% | 3 |
| Female | 57.14% | 4 |
| TOTAL | | 7 |

Q4 What is your age?

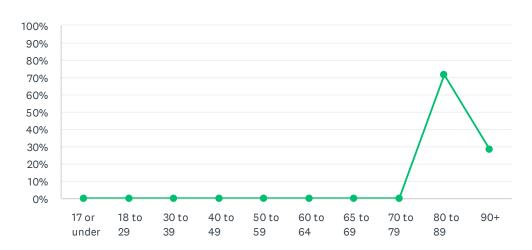
Answered: 7 Skipped: 0



| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| 18 to 29 | 0.00% | 0 |
| 30 to 39 | 0.00% | 0 |
| 40 to 49 | 0.00% | 0 |
| 50 to 59 | 42.86% | 3 |
| 60 to 64 | 14.29% | 1 |
| 65 to 69 | 14.29% | 1 |
| 70 to 79 | 0.00% | 0 |
| 80 to 89 | 28.57% | 2 |
| 90+ | 0.00% | 0 |
| TOTAL | | 7 |

Q5 What is the age of the person you care for?

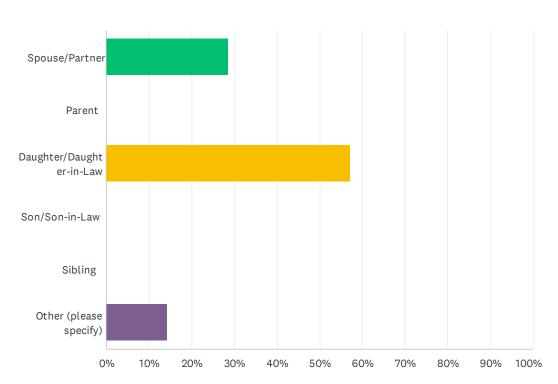
Answered: 7 Skipped: 0



| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| 17 or under | 0.00% | 0 |
| 18 to 29 | 0.00% | 0 |
| 30 to 39 | 0.00% | 0 |
| 40 to 49 | 0.00% | 0 |
| 50 to 59 | 0.00% | 0 |
| 60 to 64 | 0.00% | 0 |
| 65 to 69 | 0.00% | 0 |
| 70 to 79 | 0.00% | 0 |
| 80 to 89 | 71.43% | 5 |
| 90+ | 28.57% | 2 |
| TOTAL | | 7 |

Q6 What is your relationship to the person you care for?



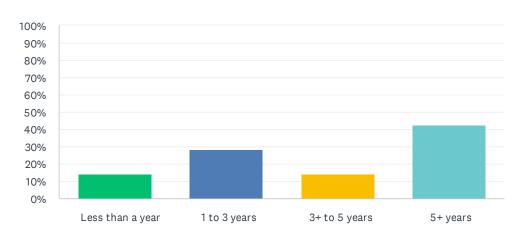


| ANSWER CHOICES | RESPONSES | |
|--------------------------|-----------|---|
| Spouse/Partner | 28.57% | 2 |
| Parent | 0.00% | 0 |
| Daughter/Daughter-in-Law | 57.14% | 4 |
| Son/Son-in-Law | 0.00% | 0 |
| Sibling | 0.00% | 0 |
| Other (please specify) | 14.29% | 1 |
| TOTAL | | 7 |

| # | OTHER (PLEASE SPECIFY) | DATE |
|---|------------------------|-------------------|
| 1 | Niece | 6/12/2023 1:05 PM |

Q7 How long have you been caring for this person?

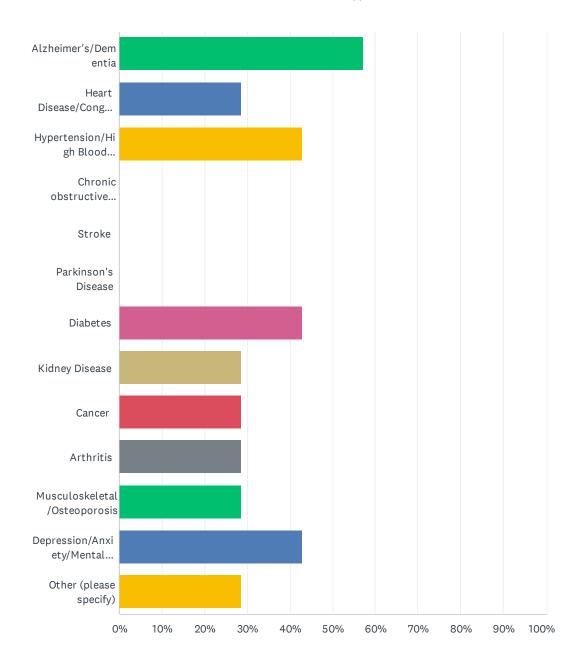
Answered: 7 Skipped: 0



| ANSWER CHOICES | RESPONSES | |
|------------------|-----------|---|
| Less than a year | 14.29% | 1 |
| 1 to 3 years | 28.57% | 2 |
| 3+ to 5 years | 14.29% | 1 |
| 5+ years | 42.86% | 3 |
| TOTAL | | 7 |

Q8 Please check the diseases/illnesses of the person you are caring for (check all that apply) :



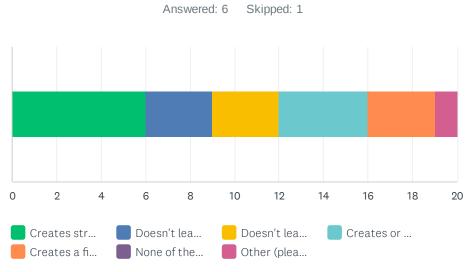


Utah Caregiver Support Program Survey

| ANSWER CHOICES | RESPONSES | |
|--|-----------|---|
| Alzheimer's/Dementia | 57.14% | 4 |
| Heart Disease/Congestive Heart Failure | 28.57% | 2 |
| Hypertension/High Blood Pressure | 42.86% | 3 |
| Chronic obstructive pulmonary disease (COPD) | 0.00% | 0 |
| Stroke | 0.00% | 0 |
| Parkinson's Disease | 0.00% | 0 |
| Diabetes | 42.86% | 3 |
| Kidney Disease | 28.57% | 2 |
| Cancer | 28.57% | 2 |
| Arthritis | 28.57% | 2 |
| Musculoskeletal/Osteoporosis | 28.57% | 2 |
| Depression/Anxiety/Mental Conditions | 42.86% | 3 |
| Other (please specify) | 28.57% | 2 |
| Total Respondents: 7 | | |

| # | OTHER (PLEASE SPECIFY) | DATE |
|---|------------------------|--------------------|
| 1 | Macular degeneration | 6/12/2023 1:06 PM |
| 2 | Falls | 6/12/2023 12:55 PM |

Q9 What are the greatest difficulties you have faced in your role as a caregiver? (check all that apply)

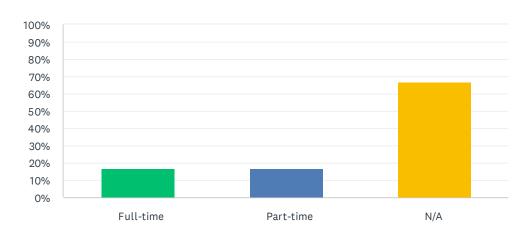


| ANSWER CHOICES | RESPONSES | |
|---|-----------|---|
| Creates stress | 100.00% | 6 |
| Doesn't leave enough time for myself | 50.00% | 3 |
| Doesn't leave enough time for my family | 50.00% | 3 |
| Creates or aggravates problems with my health | 66.67% | 4 |
| Creates a financial burden | 50.00% | 3 |
| None of the above | 0.00% | 0 |
| Other (please specify) | 16.67% | 1 |
| Total Respondents: 6 | | |

| # | OTHER (PLEASE SPECIFY) | DATE |
|---|------------------------|--------------------|
| 1 | Family conflict | 8/22/2022 12:31 PM |

Q10 Are you employed?

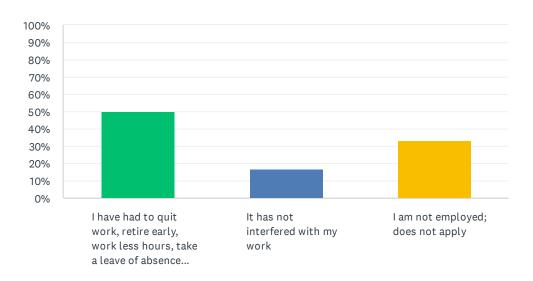
Answered: 6 Skipped: 1



| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| Full-time | 16.67% | 1 |
| Part-time | 16.67% | 1 |
| N/A | 66.67% | 4 |
| TOTAL | | 6 |

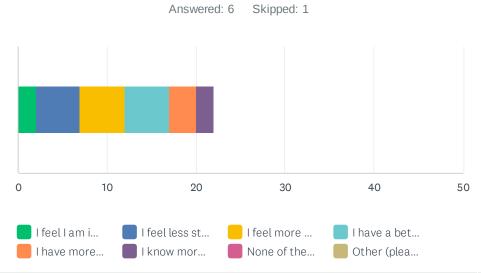
Q11 How have your caregiving responsibilities impacted your employment?

Answered: 6 Skipped: 1



| ANSWER CHOICES | RESPONSE | ES |
|---|----------|----|
| I have had to quit work, retire early, work less hours, take a leave of absence, lose a promotion, etc. | 50.00% | 3 |
| It has not interfered with my work | 16.67% | 1 |
| I am not employed; does not apply | 33.33% | 2 |
| TOTAL | | 6 |

Q12 As a result of receiving caregiver services (check all that apply):

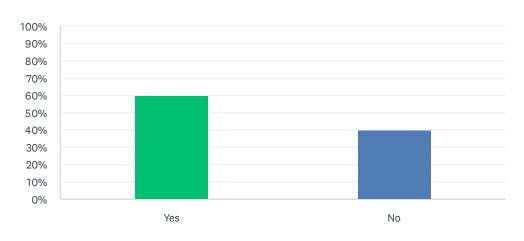


| ANSWER CHOICES | RESPONSES | |
|---|-----------|---|
| I feel I am in a better position to continue providing care | 33.33% | 2 |
| I feel less stress | 83.33% | 5 |
| I feel more confident in providing care to the person I care for | 83.33% | 5 |
| I have a better understanding of how to access resources/services in my community | 83.33% | 5 |
| I have more time to meet my personal needs | 50.00% | 3 |
| I know more about the condition or illness of the person I care for | 33.33% | 2 |
| None of the above | 0.00% | 0 |
| Other (please specify) | 0.00% | 0 |
| Total Respondents: 6 | | |
| | | |

| # | OTHER (PLEASE SPECIFY) | DATE |
|---|-------------------------|------|
| | There are no responses. | |

Q13 Have the caregiver services enabled you to provide care for a longer period of time than would have been possible without these services?

Answered: 5 Skipped: 2

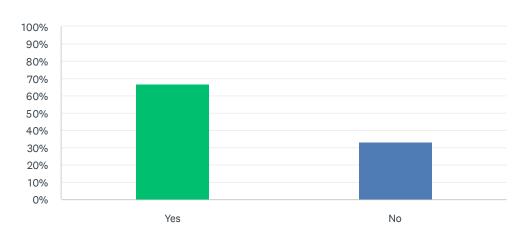


| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| Yes | 60.00% | 3 |
| No | 40.00% | 2 |
| TOTAL | | 5 |

| # | COMMENTS: | DATE |
|---|--|--------------------|
| 1 | They just made it easier. | 12/21/2022 5:39 PM |
| 2 | I would have made it work, but these services did make it easier for me. | 11/29/2022 3:18 PM |

Q14 Have the caregiver services you received helped to delay the placement of the person you care for to an assisted living or skilled nursing home?



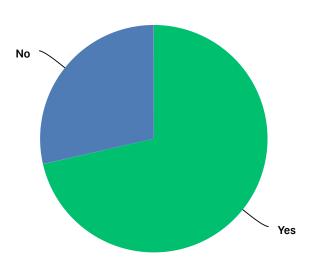


| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| Yes | 66.67% | 4 |
| No | 33.33% | 2 |
| TOTAL | | 6 |

| # | COMMENTS: | DATE |
|---|--|--------------------|
| 1 | We are not placing her as long as we can avoid it. | 6/12/2023 1:07 PM |
| 2 | Maybe | 12/21/2022 5:39 PM |
| 3 | I don't think my parents would have needed assisted living - I am capable to care for their needs. | 11/29/2022 3:18 PM |

Q15 Have the services you received from the Caregiver Support Program enabled you to be more self-reliant in your role as a caregiver?

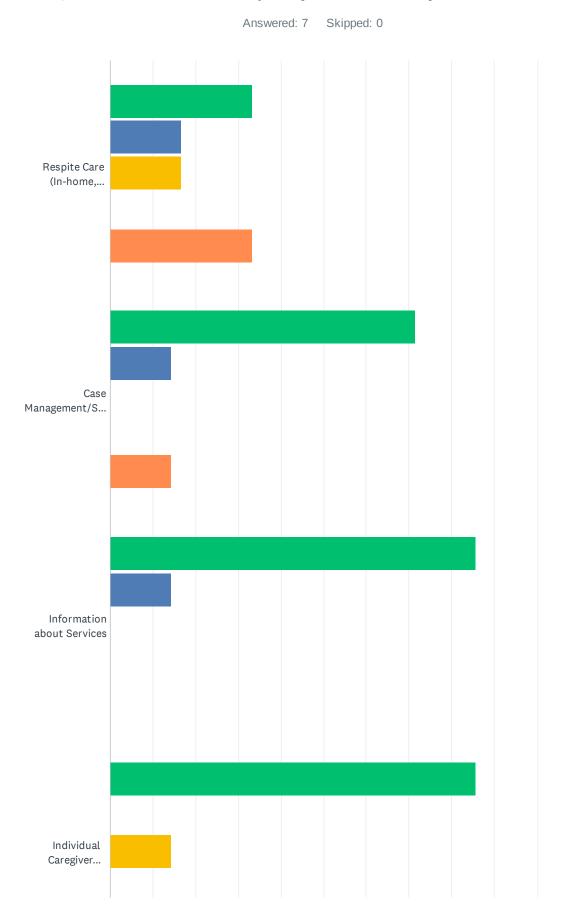
Answered: 7 Skipped: 0



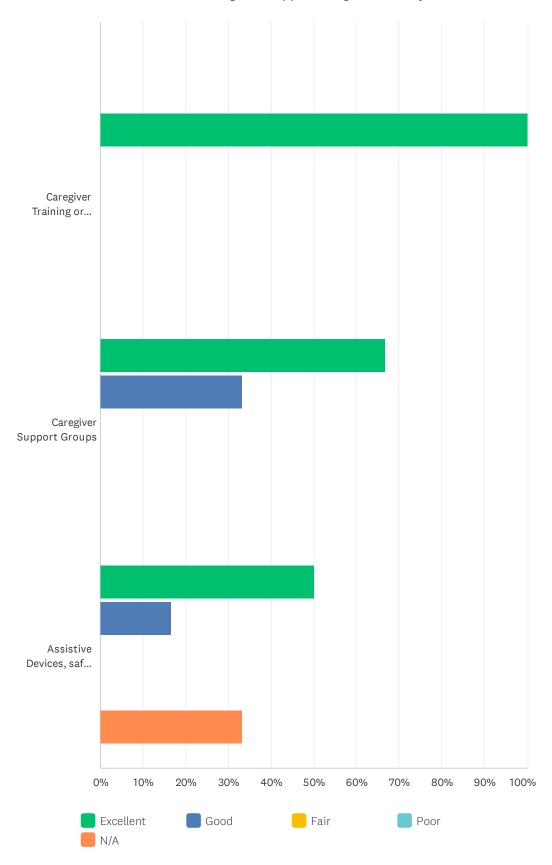
| ANSWER CHOICES | RESPONSES | |
|----------------|-----------|---|
| Yes | 71.43% | 5 |
| No | 28.57% | 2 |
| TOTAL | | 7 |

| # | COMMENTS: | DATE |
|---|---|--------------------|
| 1 | The classes are very helpful | 6/12/2023 12:56 PM |
| 2 | I guess I think the opposite is true - unless I'm not fully understanding the question. The services made me more reliant on them. They took over doing things I had been doing myself, which I am very grateful for. | 11/29/2022 3:18 PM |
| 3 | The whole Aging Services Dept. and programs feel like a BandAid on a gaping wound. | 8/22/2022 12:34 PM |

Q16 Please rate the quality of services you received :



Utah Caregiver Support Program Survey



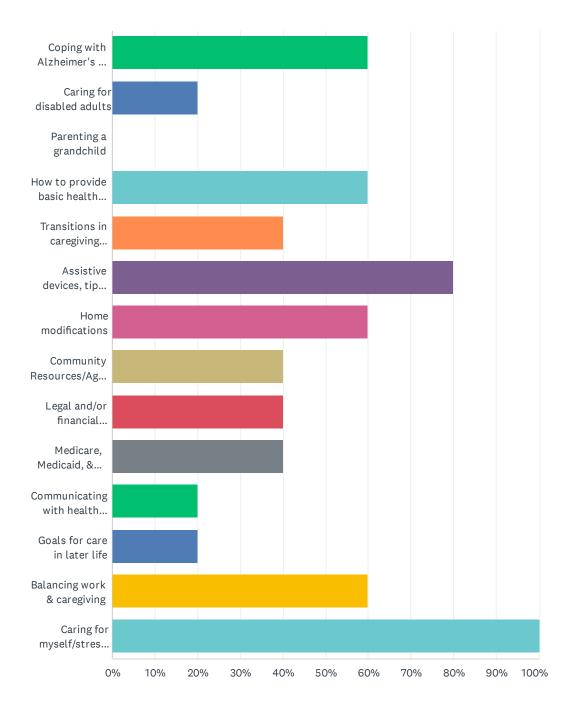
Utah Caregiver Support Program Survey

| | EXCELLENT | GOOD | FAIR | POOR | N/A | TOTAL | WEIGHTED AVERAGE |
|---|--------------|-------------|-------------|-------|-------------|-------|---------------------|
| Respite Care (In-home, facility, Adult Day Care, etc.) | 33.33% | 16.67% 1 | 16.67% 1 | 0.00% | 33.33% 2 | 6 | 3.25 |
| Case Management/Social Worker assistance | 71.43% 5 | 14.29% 1 | 0.00% | 0.00% | 14.29% 1 | 7 | 3.83 |
| Information about Services | 85.71% 6 | 14.29% 1 | 0.00% | 0.00% | 0.00% | 7 | 3.86 |
| Individual Caregiver Counseling | 85.71% 6 | 0.00% | 14.29% 1 | 0.00% | 0.00% | 7 | 3.71 |
| Caregiver Training or Education | 100.00% 5 | 0.00% | 0.00% | 0.00% | 0.00% | 5 | 4.00 |
| Caregiver Support Groups | 66.67% 4 | 33.33% | 0.00% | 0.00% | 0.00% | 6 | 3.67 |
| Assistive Devices, safety equipment, home modifications | 50.00% | 16.67% 1 | 0.00% | 0.00% | 33.33% | 6 | 3.75 |

| # | OTHER NEEDED CAREGIVER SUPPORTS (PLEASE SPECIFY): | DATE |
|---|--|--------------------|
| 1 | Would have been helpful to have someone install the grab bars. | 6/12/2023 12:56 PM |
| 2 | In home help w/ house cleaning and shopping | 12/21/2022 5:39 PM |

Q17 Educational topics that have been or would be helpful to assist in your caregiving challenges (check all that apply):





Utah Caregiver Support Program Survey

| ANSWER CHOICES | RESPONS | SES |
|---|---------|-----|
| Coping with Alzheimer's or related dementias (expectations, behaviors, communication) | 60.00% | 3 |
| Caring for disabled adults | 20.00% | 1 |
| Parenting a grandchild | 0.00% | 0 |
| How to provide basic health care tasks (proper lifting techniques, personal care, medication management, etc.) | 60.00% | 3 |
| Transitions in caregiving (from independence, to hospital, rehab, care facilities, etc.) | 40.00% | 2 |
| Assistive devices, tips, & techniques (grab bars, etc.) | 80.00% | 4 |
| Home modifications | 60.00% | 3 |
| Community Resources/Aging Services | 40.00% | 2 |
| Legal and/or financial planning (POA, advanced directives, wills, trusts, estates, guardianship, reverse mortgage, housing, etc.) | 40.00% | 2 |
| Medicare, Medicaid, & Social Security | 40.00% | 2 |
| Communicating with health care providers | 20.00% | 1 |
| Goals for care in later life | 20.00% | 1 |
| Balancing work & caregiving | 60.00% | 3 |
| Caring for myself/stress/dealing with emotions | 100.00% | 5 |
| Total Respondents: 5 | | |

| # | OTHER (PLEASE SPECIFY): | DATE |
|---|--|--------------------|
| 1 | I have been doing this a long time and have received assistance in the areas I need already. | 11/29/2022 3:18 PM |

Q18 What other kinds of help, information, and/or resources would be valuable to you as a caregiver?

Answered: 4 Skipped: 3

| # | RESPONSES | DATE |
|---|--|--------------------|
| 1 | I would help if the program lasted more than one year. | 6/12/2023 1:07 PM |
| 2 | N/A | 11/29/2022 3:18 PM |
| 3 | I never knew services were available. Not knowing made it difficult to find. Getting the word out to maybe the physicians, pamphlets, etc. would have made it easier and not so scary. | 11/28/2022 9:19 PM |
| 4 | Frankly, money to pay for outside help without the need to spend down my Dad's assets to a poverty level. Other wealthy countries can do it; why can't the US? | 8/22/2022 12:34 PM |

Q19 How helpful and responsive was the case manager and/or other program staff to your needs?

Answered: 7 Skipped: 0

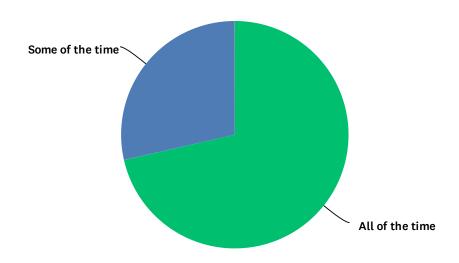


| ANSWER CHOICES | RESPONSES | |
|------------------|-----------|---|
| Very helpful | 85.71% | 6 |
| Helpful | 14.29% | 1 |
| Somewhat helpful | 0.00% | 0 |
| Not helpful | 0.00% | 0 |
| TOTAL | | 7 |

| # | COMMENTS: | DATE |
|---|---|--------------------|
| 1 | The case managers I had were very helpful, informative and compassionate. | 6/12/2023 1:08 PM |
| 2 | So pleasant and kind | 6/12/2023 12:56 PM |

Q20 Did your case manager provide you with information that was clear, beneficial, and helpful to you as a caregiver?

Answered: 7 Skipped: 0

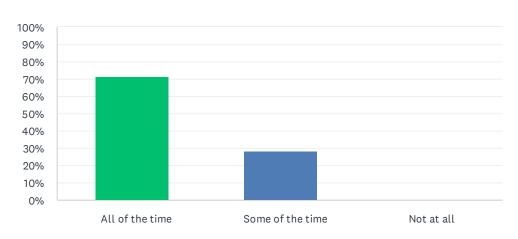


| ANSWER CHOICES | RESPONSES | |
|------------------|-----------|---|
| All of the time | 71.43% | 5 |
| Some of the time | 28.57% | 2 |
| Not at all | 0.00% | 0 |
| TOTAL | | 7 |

| # | COMMENTS: | DATE |
|---|--|--------------------|
| 1 | I was doing well so just having her show up once a month to confirm that was stress relieving. | 11/28/2022 9:20 PM |

Q21 Did your case manager involve you in planning services that were individualized to your specific needs?





| ANSWER CHOICES | RESPONSES | |
|------------------|-----------|---|
| All of the time | 71.43% | 5 |
| Some of the time | 28.57% | 2 |
| Not at all | 0.00% | 0 |
| TOTAL | | 7 |

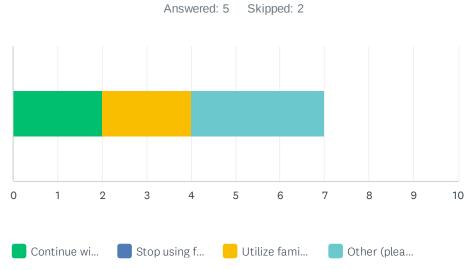
| # | COMMENTS: | DATE |
|---|-------------------------|------|
| | There are no responses. | |

Q22 What suggestions do you have that may help us to improve the quality of the Caregiver Support Program?

Answered: 5 Skipped: 2

| # | RESPONSES | DATE |
|---|--|--------------------|
| 1 | Having the program last longer than one year. | 6/12/2023 1:08 PM |
| 2 | Get a contract with a handy man | 6/12/2023 12:56 PM |
| 3 | The whole program was a pleasant surprise. I was so grateful for the weekly respite, and my mother loved the caregiver who came. | 11/29/2022 3:19 PM |
| 4 | Get the word out. If it wasn't for a friend's wife working this in another county, I wouldn't have known about any of it. | 11/28/2022 9:21 PM |
| 5 | More staff? | 8/22/2022 12:35 PM |

Q23 What are your plans now that you are no longer receiving respite services that are funded through the Caregiver Support Program? (check all that apply)

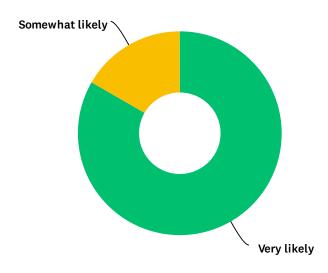


| ANSWER CHOICES | RESPONSES | |
|--|-----------|---|
| Continue with services on a private-pay basis | 40.00% | 2 |
| Stop using formal/paid services | 0.00% | 0 |
| Utilize family and/or other informal supports for ongoing assistance | 40.00% | 2 |
| Other (please specify): | 60.00% | 3 |
| Total Respondents: 5 | | |

| # | OTHER (PLEASE SPECIFY): | DATE |
|---|--|--------------------|
| 1 | for a while | 11/29/2022 3:19 PM |
| 2 | My Mom passed away so no longer need it. | 11/28/2022 9:21 PM |
| 3 | I have no idea. Take care of him as best I can 'til he passes. | 8/22/2022 12:35 PM |

Q24 Would you recommend the Caregiver Support Program to others?

Answered: 6 Skipped: 1



| ANSWER CHOICES | RESPONSES | |
|-----------------|-----------|---|
| Very likely | 83.33% | 5 |
| Likely | 0.00% | 0 |
| Somewhat likely | 16.67% | 1 |
| No | 0.00% | 0 |
| TOTAL | | 6 |

| # | COMMENTS: | DATE |
|---|-------------------------|------|
| | There are no responses. | |

Q25 If you could provide input to legislators regarding the benefits of the Caregiver Support Program, what would you tell them?

Answered: 6 Skipped: 1

| # | RESPONSES | DATE |
|---|---|--------------------|
| 1 | It is a very important program and valuable for those who care for someone. | 6/12/2023 1:08 PM |
| 2 | It is a wonderful and supportive program! Thank you!! | 12/21/2022 5:51 PM |
| 3 | Thank you very much. | 12/21/2022 5:40 PM |
| 4 | Thank you! | 11/29/2022 3:19 PM |
| 5 | It is a definite need, worth the investment. Everyone should know about it. Get the word out! | 11/28/2022 9:21 PM |
| 6 | Stop relying on women to provide unpaid caregiving and put some REAL effort into helping families care for the elderly. | 8/22/2022 12:35 PM |