

# A Free Educational Series for Caregivers!

Please RSVP at (801) 625-3866 or Register via QR Code.

## RESOURCES • RESPITE • HOPE

Eight free classes will be held in person at Weber Human Services Auditorium (237 26th St., Ogden), 12:00-1:00 pm, Tuesdays (a Zoom option is available). Home-visit respite services are available while you are in the meeting. Lunch will be provided for in-class attendees. RSVP Karla at (801) 625-3866 or online via QR Code:



WEBER HUMAN SERVICES

Live Love Heal Applegate Extension Utah State University

CNS

AMG SENIOR MEDICAL GROUP — A Step Forward Company —

AARP

alzheimer's association



- 9/27/2022 *"It's Been Lovely, but I Have to Scream Now!" (Caregiver Burnout)*
- 10/4/2022 *Grief Isn't Always About Dying*
- 10/11/2022 *A.C.T. for Caregivers*
- 10/18/2022 *The "Whats" of Demetia*
- 10/25/2022 *Difficult Conversations: How to Get Started*
- 11/1/2022 *Wills and Trusts 101*
- 11/8/2022 *Ask the Doctor*
- 11/15/2022 *Caregiver Appreciation Celebration!*

For more information and to R.S.V.P., call Karla Fulton at (801) 625-3866