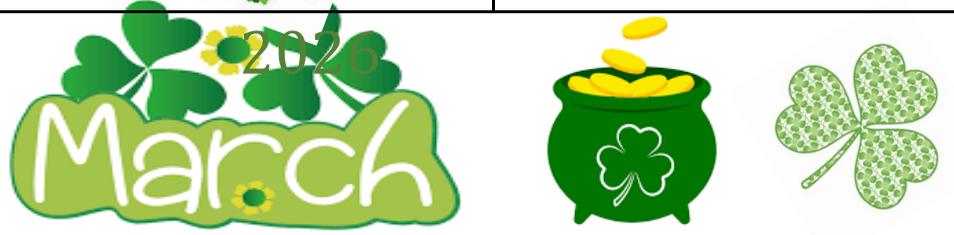


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chopped Beef Steak 2 With Tomato Beef Gravy Whipped Potatoes Green Beans Chilled Peaches Wheat Roll 	Pork Souvlaki 3 Lemon Rice Country Vegetables Fresh Oranges Coconut Cream Pie	Seafood Gumbo 4 Steamed Rice Zucchini & Yellow Squash Cottage Cheese with Fruit Dinner Roll 	Breaded Chicken Cutlet 5 Cream Gravy Whipped Potatoes Harvard Beets Warm Peaches Rice Krispy Treat	Baked Tilapia / Tartar Sauce 6 Potatoes Romanoff Stewed Tomatoes Vanilla Fruited Pudding Dinner Roll 
Hearty Hamburger Soup 9 Seasoned Whole Potatoes Mixed Vegetable Fresh fruit Wheat Roll	Baked Chicken W/Gravy 10 Parslied Rice Cauliflower / Pimento Chilled Peaches Orange Roll	Roast Pork / Gravy 11 Whipped Potatoes Broccoli Pineapple & Apricot with Yogurt Dressing Dinner Roll 	Seafood Pie/Cheese Sauce 12 Buttered Yams Green Beans Fresh Fruit Frosted Orange Cake	Chili Dog / Hot Dog Bun 13 Cube Potatoes Grated Cheese Peas Pineapple Coleslaw 
Malibu Chicken/Sauce 16 Whipped Potatoes Buttered Peas Marshmallow Mixed Fruit Salad Wheat Dinner Roll	Irish Corned Beef 17 Pot O' Gold Potatoes Seasoned Cabbage with Shredded Carrots Shamrock Lime & Pear Salad Leprechaun Cookie Dilly Roll 	Turketti with Grated Cheese 18 Spinach with Lemon Chilled Mandarin Oranges Dinner Roll	Stuffed Green Peppers 19 With Tomato Sauce & Grated Cheese Rice Carrifruit salad Warm Apple	Chicken A La Orange 20 Noodles Corn and Fruited Gelatin Lorna Doone Cookie
Chili Con Carne 23 Succotash Green Fruited Gelatin Cornbread	Chicken Tater Tot Casserole 24 Green Beans Fruit Cocktail Delight Dinner Roll	Parmesan Beef Pattie 25 Baked Potato With Sour Cream Corn And Carrots Tropical Fruit Cup Wheat Roll	Spaghetti with Meat Sauce 26 Parmesan Cheese California Blend Banana Garlic Bread 	Pork Chop Supreme 27 Buttered Yams Broccoli and Shredded Carrots Fruit Cocktail
Ground Beef Gravy 30 Whipped Potatoes Malibu Vegetables Chilled Pineapple Wheat Roll 	Crabby Cake /Cocktail Sauce 31 Baked Potato/Sour Cream Buttered Peas Pineapple Dinner Roll 	Weber Senior Nutrition Program 1176 W. 3300 S. Ogden Utah 84401 801-399-8390 Milk Offered Daily Suggested Donation \$ 4.00 Menu Subject To Change Without Notice		

Meals Are Made Possible By Your Generous Contributions
 Every Donation Helps Provide Meals To A Senior In Your Community